

**Soroptimist International of Arcata &
The Arcata Volunteer Fire Department's
6th Annual Fun Run & Walk – September 11, 2010**

Proceeds benefit the AVFD Building Fund and Soroptimist International of Arcata service projects

WHEN: September 11, 2010- Saturday
WHERE: Arcata Downtown Fire Station
(between 9th & F Street in Arcata)
CHECK IN: Opens at 8:00AM (T-Shirts and
Registration Packets)
*Pre registration Friday 6-8PM

ENTRY FEE: (Postmarked by 8/31/10
\$20: Individual
\$50: Family of Four
Guaranteed a T-shirt
*Separate forms are required for each
participant and family members*

*****RACE TIME: 5K run begins at 10AM 2-mile walk begins at 10:15AM***
RAIN OR SHINE**

Entry Form for 6th Annual Soroptimist International of Arcata/AVFD Fun Run & Walk
(Separate forms required for each participant and family members)

Name: _____ Phone: _____

Address: _____ City: _____

State/Zip: _____ Amount Enclosed: \$ _____ Gender: M F

Age (circle one): Under 10 10-20 20-29 30-39 40-49 50-59 60-Up

T-Shirt Size (circle one): S M L XL Walker: _____ Runner: _____

Soroptimist International of Arcata, Inc. & Arcata Volunteer Fire Department Fun Run & Walk Waiver:
(Entry will not be accepted if the waiver is not signed by a participant or guardian if not 18 years old) In consideration of your accepting this entry, I the undersigned, or if under the age of 18, my parent or guardian, intending to be legally bound, certify that my training and health are adequate for me to safely participate in this event. I, or if under the age of 18, my parent or guardian, assume the risk for any injury at the start or finish or on the course. I, or if under the age of 18, my parent or guardian, waive and release any claims to sponsors, volunteers, and organizers for damages or injuries as a result of my participation in, or my traveling to or from the event. I, or if under the age of 18, my parent or guardian, agree that Soroptimist International of Arcata, Inc or the Arcata Volunteer Fire Department may use my picture for any purpose without compensation.

Your Signature

Date

Signature of Parent or Guardian
if under the age of 18

Date

Mail Completed Form & Fee To:

SI Arcata
P.O. Box 388
Arcata, CA 95518

Must be post marked by 8/31/10 for pre-registration

Contact Information:

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