Atalanta's Victory Run & Walk

An ALL Women's Event

Saturday ~ June 5, 2010 ~ 10:00 AM

Course:

Location: Start and finish at the Arcata Co-Op parking lot - 811 I Street, Arcata, CA.

Description: Your choice of a 5 Mile or 2 Mile Walk/Run. The courses are very flat, through the Arcata Bottoms, which makes them quite accessible.

Elevation & Weather: Course elevation is 13 feet above sea level - varies slightly. Weather usually has cool misty mornings that generally clear and warm towards noon, highs in the 60's.

Aid Stations & Porta-Potties: Aid stations will be placed at mile 1 and mile 2.5 as well as at the staging area. Aid stations will have water, fruit and snacks. Porta-potties will be at the staging area and aid stations.

Registration Forms

Printable online forms at: **www.6rrc.com**

Mail attached application or online form to:

Atalanta c/o SRRC,
PO Box 214, Arcata, CA 95518-0214
by 5/15/10

MAKE CHECKS PAYABLE TO: SRRC

Registration & Fees

Early Registration by mail (before 5/15/10)
Per Adult $8.00 Per Child (12 & under) $5.00

Late Registration (after 5/15/10) mail by 5/30/10
Per Adult $12.00 Per Child (12 & under) $5.00

Note: There is no charge for kids in strollers unless you want a number for them. The fee for a number is $5.00

Onsite: Pre-Race Day Packet Pick-Up & Late Registration in front of the Arcata Co-Op Friday, June 4th from 3:00 to 6:00 PM

Race Day: Registration 8 - 9:15 AM

Divisions

Individual: (2-mile or 5-mile)

Stroller: participants pushing a baby in a stroller or baby jogger. (2-mile or 5 mile)

Mother/Daughter: 2 person team, total time for mother and daughter competing in the same race. (2-mile or 5 mile)

Director

Tom Martin work phone - 445-8476

Staging

Start Time: 10:00 AM

Goodies: Fruit & snacks are provided after the race for participants.

Individual Awards: Ribbons and flowers to all finishers; awards to 1st, 2nd & 3rd place in each 5 year age group in each distance.

Special Awards: In the 2-mile and 5-mile the following: 1st Overall, 1st Master, 1st Stroller, 1st Junior (to age 19), 1st Senior Master (50+), Senior Master (60+), Senior Master (70+) and 1st, 2nd & 3rd Mother Daughter Team

Raffles: Must be present to win.

NO MEN; NO DOGS; NO HEADSETS, PLEASE

T-Shirts

Type: Bella, preshrunk, classic fit, Baby Rib short sleeve, crew neck T.

Material: 100% ring-spun cotton

Size Scale: Small: 4-6; Medium: 8-10; Large: 12-14; XLarge: 16-18; XXLarge: 20-22

Color: Berry

Cost: $15.00 per shirt

Child Short Sleeve: Crew Neck design in Teal sizes S - M - L for $10.00 per shirt.

T-Shirt Order Form

Type & Size	Quantity	Price
Ladies Small		
Ladies Med		
Ladies Large		
Ladies XLarge		
Ladies XXLarge		
Child Small		
Child Med		
Child Large		
Totals		

NOTE: T-shirts ordered after early registration or on the day of the race will be available for pick-up at The Jogg'n Shoppe in Arcata about 3 weeks after the race.

28th ANNUAL ATALANTA VICTORY RUN/WALK REGISTRATION Saturday, June 5, 2010 – 10:00 AM

EARLY REGISTRATION BY MAIL (5/15/10) **LATE REGISTRATION BY MAIL (5/16/10 - 5/30/10)**

Last Name | First | Address | Age on Race Day | City | State | Zip Code | Phone —

RACE: ☐ **5-MILE RUN/WALK** ☐ **2-MILE RUN/WALK**

DIVISON: ☐ **INDIVIDUAL** ☐ **STROLLER** ☐ **MOTHER/DAUGHTER**

WAIVER: In consideration of your acceptance of this entry, I hereby, for myself and my heirs, waive any and all rights and claims for damages I may have against coordinating groups and will hold them harmless for any and all injuries suffered in connection with said events. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with said events. I have been warned I must be in good health to participate in these events.

Signature *Date* *Signature* *Date*
(Parent/Guardian if under 18)

E-mail address:

6 Rivers Running Club
P. O. Box 214
Arcata, CA 95518

NORTH COAST CO-OP

atalanta
a girl with attitude

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a girl with attitude

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An All Women's Event

Saturday

June 5, 2010

10:00 AM

29th ANNUAL EVENT

Sponsored by:

NORTH COAST CO-OP

and

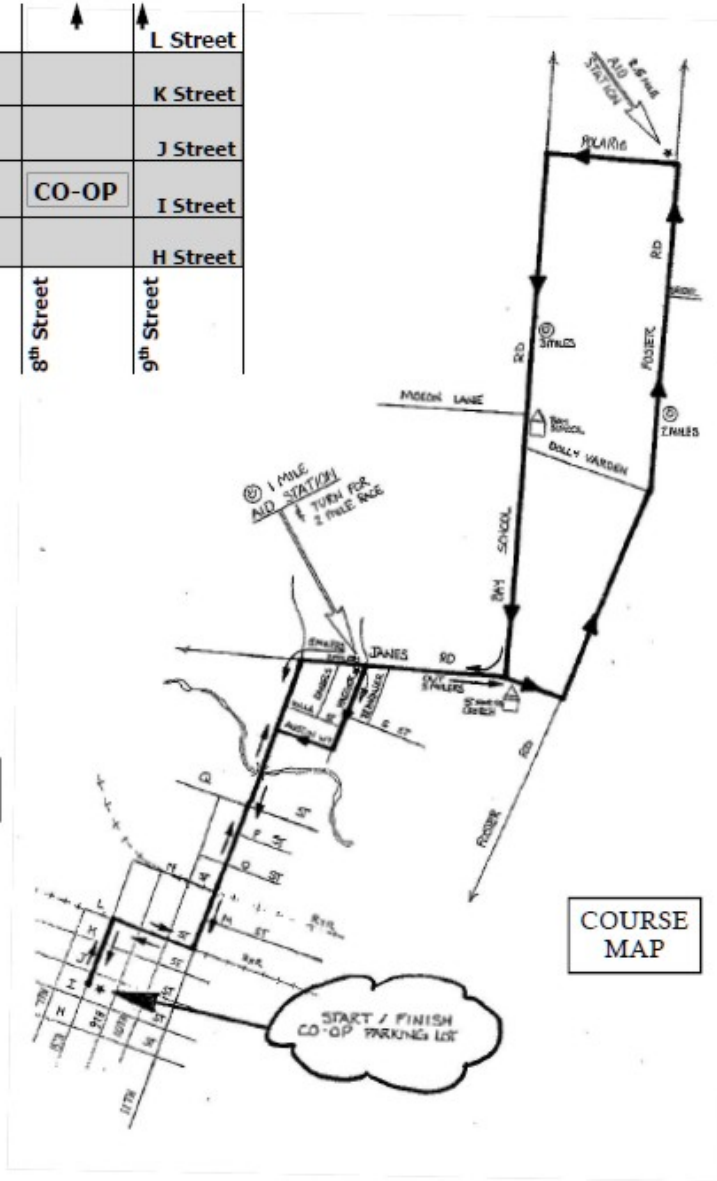
6 Rivers Running Club
P. O. Box 214
Arcata, CA 95518

Wes ↑	↑	↑	↑ L Street
←			K Street
←			J Street
←		CO-OP	I Street
←			H Street
← Sout	7th Street	8th Street	9th Street

Atalanta Parking

Please find street parking South of **7th Street** or West of **L Street**

DO NOT PARK IN GREY AREA



COURSE MAP