

JOIN US FOR THE 4th ANNUAL
Tim Brownlow Memorial Run & Walk

Sunday, August 22nd, 2010

AT THE HUMBOLDT COUNTY FAIRGROUNDS IN FERNDALE
BEFORE THE HORSE RACES

Tim grew up in Ferndale so this will be perfect!

Start and finish: At the Humboldt County Fairgrounds Track

Entry Fee: \$15.....**T-shirt:** \$14..... **Both:** \$22

ADMISSION INTO THE FAIR IS INCLUDED IN THE ENTRY FEE

Make checks payable to: Tim Brownlow Memorial Trust Fund

DONATIONS ARE WELCOMED...WE ARE BUILDING OUR SCHOLARSHIP FUND

Proceeds will benefit the Tim Brownlow Memorial Scholarship & Trust Fund

Race day registration: 8:30AM to 9:45AM Event starting at 10:00AM

Age Groups: 0-9 10-14 15-19 20-29 30-39 40-49 50-59 60-69 70 & up
2 MILE FUN RUN/WALK OR 10K RUNNING RACE

Awards and drawing after race

Award for the person making it to the ½ mile marker first & finish in the top 20 overall.

Tim was a great half miler, 1:54 to take 4th in the 1976 High School State Meet.



For more Info contact **Mike Williams** at (707)822-3136 (Jogg'N Shoppe in Arcata)

Registration Information

Mail or drop off entries at: The Jogg'N Shoppe, 1090 G Street, Arcata, CA 95521

Name: _____ Age on race day: _____ Sex: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Entry only \$ _____ T-shirt \$ _____ Both \$ _____

T-shirt size (**circle one**): XS S M L XL

In consideration of your acceptance of this entry, I hereby, for myself and my heirs, waive any and all rights and claims for damages I may have against coordinating groups and will hold them harmless for any and all injuries suffered with said event. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with said event. I have been warned I must be in good health to participate in this event.

Your Signature

Signature of Parent or Guardian
If under the age of 18 yrs old

Date