

Hour Run (1972~2020)

Submitted by "Bill Daniel" <drd4462@att.net>

MEN 0-14

1 RJ Richard	09 mi 1655 yds (12)
2 Will Barbee	08 mi 0840 yds (15)
3 Dillon Ayers	07 mi 1630 yds (00)
4 West Wood	07 mi 0900 yds (15)
5 Nick Roney	07 mi 0880 yds (05)

MEN 15-19

1 Mika Jekebson	10 mi 1600 (85)
2 Louis Katz	10 mi 0000 (80)
3 Tom Greene	09 mi 1320 (79)
4 Tom Scrutton	09 mi 1208 (19)
5 West Wood	09 mi 1170 (18)

MEN 20-29

1 Chuck Smead	12 mi 0307 (76)
2 Gordon Innes	11 mi 1210 (76)
3 Tony Munoz	11 mi 1200 (76)
4 Mike Williams	11 mi 0660 (84)
5 Scott Peters	11 mi 0550 (76)

* Kenneth Pocasangre ran more than 10 miles in 2016, one of the best, but alas, exact distance couldn't be verified.

MEN 30-39

1 Harry Cottrell	11 mi 0660 (81)
2 Mike Holt	11 mi 0185 (84)
3 Greg Heistuman	11 mi 0150 (93)
4 Howard Labrie	11 mi 0100 (84)
5 Randy Carrico	11 mi 0030 (84)

MEN 40-49

1 John Zinselmeir	10 mi 1340 (91)
2 Mike Holt	10 mi 1320 (90)
3 Harry Cottrell	10 mi 1000 (90)
4 Scott Pesch	10 mi 0440 (07)
5 Reed Richard	10 mi 0264 (10)
6 George Crandell	10 mi 0049 (75)

MEN 50-59

1 John Zinselmeir	10 mi 0220 (98)
2 George Herd	09 mi 1580 (85)
3 Hal Jackson	09 mi 0770 (85)
4 George Crandell	09 mi 0625 (83)
5 Forrest Williams	09 mi 0040 (85)

MEN 60-69

1 John Zinselmeir	09 mi 0510 (08)
2 Dave Ryan	08 mi 1540 (19)
3 Yoshi Uemura	08 mi 0550 (15)
4 Paul Kinsey	08 mi 0540 (18)
5 Ken Young	08 mi 0525 (02)

MEN 70-79

1 John Zinselmeir	07 mi 1155 (18)
2 John Norberg	07 mi 0350 (97)
3 Jurgen Giessel	07 mi 0220 (07)
4 Bob Peck	06 mi 1307 (19)
5 Tom Martin	06 mi 1160 (17)

MEN 80-89

1 Jurgen Giessel	05 mi 0275 (18)
2 John Norberg	04 mi 1465 (10)
3 Ed Taylor	04 mi 1320 (09)
4 Bob Burger	02 mi 0660 (15)

MEN 90-99

1 John Norberg	03 mi 0490 (17)
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WOMEN 0-14

1 Dana Lester	06 mi 0110 (06)
2 Natalie Boyd-Lopez	05 mi 1365 (12)
3 Sierra Wood	05 mi 0505 (12)
4 Ann Meyer	05 mi 0355 (12)
5 Campbell Ashby	04 mi 1672 (13)

WOMEN 15-29

1 Marilyn Taylor	09 mi 0880 (76)
2 Sue Grigsby	09 mi 0460 (76)
3 JoAnne Slater	09 mi 0440 (94)
4 Sharon Powers	08 mi 1540 (85)
5 Myra Schiphorst	08 mi 0880 (86)

WOMEN 30-39

1 Mary Pincini-Wells	08 mi 1500 (90)
2 Grendyl McTigert	08 mi 1329 (09)
3 Dolores Bergman	08 mi 0980 (07)
4 Karen Kelley-Day	08 mi 0880 (82)
4 Rachele Gundlach	08 mi 0880 (12)

WOMEN 40-49

1 Tami Beall	09 mi 0440 (17)
2 Karen Kelley-Day	08 mi 1100 (98)
3 Tasha Souza	08 mi 0440 (10)
4 Maureen Reiner	08 mi 0300 (93)
5 Melanie Richard	08 mi 0050 (12)

WOMEN 50-59

1 Tami Beall	09 mi 0950 (18)
2 Chris Hamer	08 mi 0880 (07)
3 Janet Biasca	08 mi 0000 (06)
4 Karen Kelley-Day	07 mi 1400 (01)
5 Robyn Petrusa	07 mi 1390 (20)

WOMEN 60-69

1 Portia Matheson	06 mi 0770 (15)
2 Chris Hamer	06 mi 0330 (19)
3 Sherry Myers	06 mi 0110 (16)
4 Donna Ayres	06 mi 0000 (11)
5 Debbie Stamper	05 mi 1540 (18)

WOMEN 70-79

1 Donna Ayres	05 mi 0000 (17)
2 Theresa Burger	04 mi 1540 (06)
3 Myrna Weburg	03 mi 1650 (16)
4 Jan West	03 mi 1162 (19)
5 Mary Zinselmeir	03 mi 0880 (18)

WOMEN 80-89

1 Myrna Weburg	03 mi 0000 (20)
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