2017

4TH OF JULY

5K FUN RUN & WALK

TUESDAY~ JULY 4TH ~ 9:30AM

START / FINISH AT THE FOOT OF I STREET – ARCATA MARSH PARKING LOT

21 YEARS AT THE ARCATA MARSH!

SPONSORED BY SRRC

ARCATA HIGH ~ KATHERINE MCCAUGHEY MEMORIAL SCHOLARSHIP FUND

REFRESHMENTS, RAFFLE PRIZES & FUN!

Complete form, sign waiver, enclose check made payable to SRRC

mail to: 2017 4th of July 5K, c/o SRRC, P.O. BOX 129, BAYSIDE, CA 95524

FOR OFFICIAL USE ONLY

First Name: _____ Last Name: _____

Sex (circle one): **M** **F** Age: ___ Birth Date: ___-___-___ Phone: ___-___-___

Address: _____

City: _____ State: ___ Zip: _____

e-mail: _____

ADULTS $10.00 _____ KIDS 17 & UNDER $5.00 _____

_____ X_____

Date **ALL ENTRANTS MUST SIGN WAIVER.** (Parent or Guardian if under 18)

WAIVER: Intending to be legally bound, I do hereby certify that my training and health are adequate for me to safely compete in the SRRC 4th of July 5K Run & Walk. I will waive and release any claims for damages or injuries as a result of my participation in said event to the following entities: City of Arcata, Six Rivers Running Club, Event Sponsors, Event Volunteers; and hold them harmless from any and all liabilities and claims made by other individuals or entities as a result of my actions during the 2017 4th of July event.

I FURTHER UNDERSTAND THAT, DUE TO RRCA INSURANCE RESTRICTIONS, BICYCLES, STROLLERS, BABY JOGGERS, & DOGS ARE NOT ALLOWED TO PARTICIPATE IN, OR BE ON THE COURSE, DURING THE EVENT.