

Sunday Sept.

27th

NEW TIME:

2-mi. race - 11 a.m.

Presented By: **EUREKA**
NATURAL FOODS



The Waterfront Run is a **BENEFIT!**

Your entry supports Humboldt Trails Council PLUS the Six Rivers Running Club's Youth Running Shoe Fund!



RACE DETAILS:

Sunday, September 27th

2-mi. starts at 11 a.m.,* 5-mi. starts at 11:30 a.m.

Races begin & end at Eureka Natural Foods' parking lot at 1450 Broadway in Eureka. The 2-mi. course goes west on 15th Street, then north on Waterfront Drive to turn-around by the Wharfinger Bldg. 5-mi. course continues north on Waterfront Drive to turn-around at the Samoa Bridge boat ramp.

Don't miss the Fitness Fair: 9a-1p

Courses are flat & scenic event. Water available at 1-mile, 2.5-mile & the finish line. **COME HAVE FUN WITH OUR FITNESS FAIR FROM 9am to 1pm!** Please park on the street west of the store and NOT THE STORE PARKING LOT. Come early if you need to get a parking space close to the start/finish line.

AWARDS & RESULTS

Awards will be given for 1st place overall and 1st place Master in each distance & gender, plus.....

2-MILE: 1st, 2nd & 3rd place awards will be given by gender in the age groups listed: 4-6, 7-10, 11-14, 15-18, 19-24, 25-29, 30-39, 40-49, 50-59, 60-69, 70-74, 75-79, 80-84, and 85+.

5-MILE: 1st, 2nd, 3rd place awards will be given by gender in the age groups listed: 5-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, and 80+.

Results will be posted on www.6rrc.com. Post event awards will be at Eureka Natural Foods' service desk.

SAFETY RULES

For everyone's safety **NO** animals, bicycles, rollerblades, skateboards, vehicles or headsets on the courses. This event is on city streets so **WATCH OUT FOR CARS!** All runners & walkers must be registered, even if you're accompanying your child.

REGISTRATION

Save \$5 by registering (postmarked) by Wednesday, Sept. 9th. \$5 late fee from Sept. 10th-27th. Runner packets will be available at Eureka Natural Foods on **Friday, Sept. 25th from 4-7 p.m.** OR on race day from 9:30-10:30 a.m. Download an entry at: www.6rrc.com/15WREntryForm.pdf

REGISTER ONLINE:

www.eurekanaturalfoods.com/WRun

T-SHIRTS

To receive your T-shirt prior to the race REGISTER BY Sept. 9th. Late registrations have no guarantee of a shirt on race day. Post event t-shirts and awards will be at Eureka Natural Foods.

Strollers & baby-joggers are welcomed!
PARENTS MUST REGISTER TO ACCOMPANY THEIR CHILD, aged 12 and under.

LATE REGISTRATION

Entries postmarked after Sept. 9th will be considered late. Sign-up at Eureka Natural Foods on Fri., Sept. 25th, 4-7 pm. Race day sign up is from 9:30-10:30 am.

ADDRESS FOR ENTRIES

Make check payable to: "2015 Waterfront Run." Mail entries to: Waterfront Run, P.O. Box 730, Bayside, CA 95524. Questions: contact Race Director Karen Brooks at (707) 822-7736.

DRAWING FOR PRIZES

All participants receive a finish line raffle ticket for a prize drawing. Must be present to win.

One Entry Form Per Person

Official Use: BIB# _____

T-shirt size _____

----- PLEASE PRINT CAREFULLY FILL OUT ALL THE INFORMATION -----

First Name _____ Last Name _____ Age on Race Day _____

Address _____ City _____ State _____ Zip _____

Date of Birth _____ Sex M/F _____ Phone _____ Email _____

Early Registration Fee—postmarked on or before 9/9/15. Circle one: **Walk** or **Run** and **2-mi.** or **5-mi.**

_____ \$20 T-shirt **Early Entry*** see sizes below.

Postmarked AFTER Sept. 9th - LATE ENTRY Circle one: **Walk** or **Run** and **2-mi.** or **5-mi**

_____ \$25 **Late Entry***

***T-shirt Sizes:** _____ Child Sm _____ Child Med _____ Adult Sm _____ Adult Med
_____ Adult Lg _____ Adult XLg _____ *Adult XXLg (add \$3) _____ *Adult XXXLg (add \$3)

Humboldt Trails Council Trail Development Fund Donation

_____ Your donation will be pooled with other donations to demonstrate community support for trail planning and building grants. Let's show our support for more trails in Humboldt County!!

Shoe Fund Donation

_____ Your donation will help to provide more shoes to local children. All donations are welcomed! Proceeds from this race will go into a Youth Running Shoe Fund that provides free running shoes (from the Jogg'N Shoppe in Arcata) next January and September.

_____ **TOTAL ENCLOSED** - Please make check *payable to The Waterfront Run 2015*. Mail to P.O. Box 730, Bayside, CA 95524.

Entry fees cannot be refunded or transferred to another runner. If the race is canceled due to a reason beyond our control all pre-registered entrants can pick up their t-shirt at the store. Please contact race director to change distances. All children under twelve years of age must be accompanied by a parent or another adult.

WAIVER: Intending to be legally binding, I hereby certify that my training and health are adequate for me to safely compete. I will waive and release any claims for damages or injuries as a result of my participation in or my traveling to the following persons or entities: State of California, City of Eureka, Eureka Natural Foods, North Coast Railroad Authority, Event Sponsors, Event Volunteers and Organizers and their heirs from any and all liabilities and claims made by other individuals or entities as a result of any or my actions during the Waterfront Walk & Run on **September 27, 2015** ADA Accommodation Requests must be sent to the race director & USATF 6 weeks prior to event for evaluation.

Signature _____ Date _____

Signature of Parent or Guardian if under 18 _____

We sincerely thank you for your support of the Waterfront Walk & Run!

-- cut here & mail in ----- cut here & mail in -----

Please thank our generous sponsors...without them this race would not be possible!

