Nov 2026 Number 651

Walkers Welcome

SIX RIVERS Running Club



Craig Wasko
Local Marathon Winner
3:19:21

Humboldt Redwoods Marathon, Half & 5K
Humboldt Redwoods State Park
8:45 am, Sun., Oct. 11, 2026

photo by Lee Lazon
Twist3D Technologies

October Minutes

October 7, 2026 6:30pm Babe's Pizza Eureka

I. Introductions - Board members attending were Matthew Kidwell, Mark Ellis, Juan Reyes, Harry Kavich, Jorge Preciado, Gary Timek, Sarah Sullens, Marlene Allen, Karen Kidwell, and Treasurer Cindy Timek. Guests were Jack West, Yoshi Uemura, Paul Kraus, Michele Gerdes, and Jessie Hunt

II. New Business:

A. 2027 FBMR Proposed Budget - Michele/Jessie - Michele & Jessie distributed copies of their proposed budget for the March 2027 Foggy Bottom Milk Run. There were no significant changes other than the need for additional porta toilets at the staging area, and increased fuel adjustments. No changes to race distances, and minor adjustments to start times for the 10mi/4mi due to congestion. Jessie & Michele are actively working on event details on a weekly basis. Motion to accept the proposed budget made by Marlene, second by Juan, motion passes.

III. Old Business:

A. Sue-Meg - Jack - Great day, great course. 120 participants, $202 in donations. Looking forward to the same time of year next year. Matthew suggested informational flyers be put up in advance due to mostly full campsites at this time of year. Thank you Jack!

B. HRRAY - Jack - The first 5 races of the season are done! Trinidad 368 kids in 3 divisions; Winship 347; Beau Pre 408; C/R 369; Willow Creek 180! One more race this week at Fortuna; then the Championship on Thursday October 15th at Arcata Community Center 4pm – Jack expects possibly 500 kids - come out and help or watch!

C. Shoe Fund - Yoshi - encouraging coaches to turn in shoe forms for kids in need, but not many applications have come back. He has 13 so far K through 8th, but none yet for high schoolers.

D. RRCA Waivers/table signs - Discussion about the RRCA new verbiage for both participant and volunteer waivers. We agreed that, although the new verbiage is lengthy and sometimes confusing, we will use the waiver templates as written by RRCA. Mark designed 2 signs reiterating our NO dog policy; NO scooters, bikes, roller/inline skates, bicycles policy; NO stroller policy* (*except in selected events); and our strongly discourage headphones policy. These will be displayed at registration tables. Motion to accept new waivers/ table signs made by Gary, second by Karen, motion passes. Matthew will get these on our website and let Yoon know of additional verbiage we will need for our events with regard to which of our events will allow strollers.

E. Safe Sport - continues to be completed.

F. AVE Director 2027 - Jorge Preciado accepted the AVE 2027 race director position. He will work with Cindy (new bank card in his name from CCCU).

G. Small Race Director Handbook - Matthew - Matthew sent out the revised handbook (google doc) Sarah recommended that the 'Forms' be added as attachment links to the actual handbook, making it easier to download copies. He will continue to edit and get revised attachments added to the website.

IV. New Business Continued:

A. HRM (Saturday October 11, Marathon, ½, 5K 8:30 & 9am) - Jorge - there are over 2000 registered now. There will be no weekend registration, only race changes for existing registrants. Paul went over requests/changes from Wes (Stop&Go Traffic) and from Barrett (Cal Trans) with regard to traffic control, parking, spectator safety, AVE mile marker signage, and race start times. Jorge is aware of all requests, many have already been addressed, and some are noted for next year.

B. Blue Lake Fish Hatchery Run (Sunday November 1, 2mi 9:30, 4mi 10am) - Annie - not present permits are in process.

C. Veterans Day Run (Saturday November 14, 5K/10K 10am) - Ella - not present, permits are in process. Harry will contact both Annie and Ella about Help Wanted column in the Newsletter.

D. Arcata Bottoms Run (Saturday December 5, 8mi 9am, 3mi 9:15am) - Harry - set with Hall rental, will work with Paul on permits.

E. 2027 Annual Membership Meeting - Matthew - Sherry emailed about getting started on organizing again for January; would like to use D St Community Center again and Babe's Pizza. Matthew suggested that we have a budget prior to the event. Cindy has info on permit cost; Sherry would know Hall rental cost, pizza/drinks cost, gift card costs. Yoon will have certificate costs (we will not need frames this year) and he will work with Tom Martin on circuit winners' awards. Matthew/Cindy/Sherry will work on hats for circuit completions.

F. Other - a) Cindy completed the 6rrc financial statement for this fiscal year. We showed a good profit, and we have a good amount in our savings certificate. Thank you Cindy! **b)** Gary said the Boy Scouts have requested additional garbage cans and folding tables for the upcoming Humboldt Redwoods Marathon, Jorge has already taken care of it. **c)** Harry and Mark started a discussion with regard to stipends that was tabled due to time, it will be an agenda item for next month.

V. Adjourn - Next Meeting - November 4, El Chipotle Sunny Brae - 5:30pm dinner, 6:30pm meeting.

by **"Marlene Allen"** <allens@humboldt1.com>

Six Rivers Running Club is incorporated under the laws of the State of California. Its goals are:

1. To encourage distance running both competitive and noncompetitive, by all interested people in the Humboldt County area;
2. To arrange and manage road races open to all who are interested;
3. To print and circulate a Club Newsletter to spread information about coming races, results of past races, and running tips; and
4. To encourage and support youth running.

Third Class Mail is not forwarded!

Send address changes to:
ygk1@humboldt.edu

or Newsletter Editor
P.O. Box 214
Arcata, CA 95518-0214
(707)826-5399

Submitting Material for Publication

Unsolicited material is welcome and will be used as space permits. Contributions of articles, race reports, art, and calendar listings may be submitted handwritten or typed. However, submission via E-mail, or digital form is preferable. Photographs are best mailed as prints or through special arrangement for electronic transfer. Digital photos should be at least 150 dpi at the dimensions to be printed. Articles are edited for size and content.

Send materials for publication by the **15th day** of each month to:

Six Rivers Running Club
Newsletter Editor
P.O. Box 214
Arcata, CA 95518-0214
e-mail: ygk1@humboldt.edu

SRRC BOARD OF DIRECTORS

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Treasurer Cindy Timek <ctimek@aol.com>

SRRC Newsletter Editor

Yoon G Kim <ygk1@humboldt.edu>

46th Humboldt Redwoods

<<< As posted by hubertiming.com, as of NOON, Tue., 10/13/26 >>>

Marathon

8:45 am., Sun., 10/11/26

Pl	Name	G/age	ChipT
1	Noah Grunburg	M21	2:42:29
2	Cassidy Parker	M29	2:56:09
3	Alex Fillman	M25	2:57:15
4	Matt Ahlstrand	M50	3:03:34
5	Erik Franks	M43	3:04:23
6	Steven Hartman	M44	3:05:02
7	Eugene Luppol	M32	3:07:11
8	Carter Pierce	M26	3:08:49
9	Carolyn Hove	F29	3:09:17
10	Henry Demarest	M23	3:11:24
11	Benoit Ortalo-Magne	M27	3:14:48
12	Audrey Rasmussen	F26	3:15:13
13	**Craig Wasko**	**M54**	**3:19:21**
14	Andrew Elsey	M31	3:20:36
15	Nathan Yoshino	M30	3:21:39
16	Benjamin Brewer	M45	3:22:32
17	Kevin Chan	M29	3:23:24
18	Meghan Musnicki	F43	3:24:35
19	Behnam Kamrani	M52	3:24:48
20	Heather Gustafson	F44	3:24:49
21	Liz Hartman	F44	3:25:18
22	Robert Luera	M33	3:28:39
23	Jaffet Cruz	M25	3:28:51
24	Casey Johnston	F41	3:30:09
25	Lauren Hood	F32	3:30:18
26	Melissa Neuwelt	F47	3:30:26
27	Jacob Smith	M27	3:30:56
28	Dalton Smith	M24	3:34:56
29	Meghan Gannon	F47	3:34:57
30	Matt Blankinship	M31	3:35:09
31	Anthony Ruiz-Munoz	M27	3:37:02
32	Matt Spears	M38	3:37:35
33	**Gabriel Castellanos**	**M23**	**3:38:26**
34	Peter McColgan	M61	3:38:51
35	**Drake Bernards**	**M34**	**3:40:16**
36	Soham Prabhakar Patil	M28	3:41:59
37	Anna Bettini	F41	3:42:36
38	Stephen Price	M51	3:42:42
39	Grant Nunnink	M39	3:42:48
40	Ashley Clayborne	M49	3:42:58
41	Scott Hickey	M40	3:43:13
42	**Kanan Wilson**	**M43**	**3:43:20**
43	Peter Johnson	M46	3:43:34
44	Lauren Garnett	F25	3:43:51
45	Marshall Tekell	M30	3:44:42
46	**Lanore Bergenske**	**F69**	**3:45:05**
47	Connor Friesner	M33	3:45:34
48	Trophe Brandt	F27	3:46:31
49	Emery Hill	F23	3:48:09
50	Phuc-Trang Phan	F34	3:48:11
51	Katherine Susa	F33	3:48:26
52	Thomas Cole Baron	M32	3:48:32
53	Christina Adamson	F32	3:48:37
54	Michael Kepple	M42	3:49:18
55	Bradley Krack	M46	3:50:46
56	Kathleen Barandy	F32	3:50:53
57	Isabela Reid	F30	3:51:16
58	Hanna Bauer	F31	3:51:28
59	Sean Brennan	M33	3:51:33
60	Cionna Rosenthal	F31	3:51:51
61	Anarghya Vardhana	F38	3:52:21
62	Jim Eckford	M71	3:52:21
63	Kevin Trejo	M31	3:52:52
64	Callie Cogdill	F24	3:53:01
65	Dirk Mai	M41	3:53:26
66	Aisy Nix	F25	3:53:28
67	Molly McAuley	F23	3:53:32
68	Nhat Minh Le	M24	3:53:48
69	**Lexi Neri**	**F27**	**3:54:06**
70	Logan McCarthy	M30	3:54:59
71	Thomas Meyers	M52	3:55:30
72	Francis Caraccioli	M42	3:55:47
73	Dustin Herrmann	M33	3:56:04
74	Daniel Dal Pino	M31	3:56:24
75	Micah Shaw	M42	3:56:32
76	Armando Castro	M33	3:56:34
77	Orion Knowler	M21	3:56:45
78	Matt Elsey	M59	3:57:01
79	Marcos Jimenez	M26	3:58:05
80	Kyle Potter	M34	3:58:07
81	Riley Jackson	F26	3:58:20
82	Ian Bury	M36	3:58:42
83	Emily Smith	F30	3:58:45
84	Emily Sperring	F24	3:58:50
85	Hernan Dominguez	M28	3:58:57
86	David Gondek	M50	3:59:08
87	Jared Parker	M27	3:59:11
88	Justin Lorenzini	M36	3:59:14
89	Kevin Ly	M35	4:03:22
90	Andrea Pudewell	F40	4:04:43
91	Dawn Park	F29	4:05:48
92	Tiffany Lee	F29	4:05:50
93	William Porr	M27	4:05:53
94	Lawrence Chung	M46	4:06:24
95	Kevin Tan	M39	4:07:15
96	Jared Kemper	M39	4:07:25
97	Divij Sharma	M27	4:08:52
98	Karthik Padmanabhan	M27	4:09:43
99	Evelyn Wong	F26	4:10:04
100	Brita Mackey	F28	4:11:09
101	Mimi Hensel	X35	4:11:36
102	Beau Wheeler	M33	4:11:49
103	Jesse Allen	M29	4:12:01
104	Ronli Levi	F39	4:12:24
105	Abdul Hannan Kanji	M33	4:12:50
106	Hailey Schaefer	F25	4:12:56
107	Karly Jackson	F23	4:12:58
108	Molly Brodowski	F25	4:14:00
109	Daniel Zebley	M32	4:14:14
110	Eugen Mandache	M52	4:15:23
111	Sam Coleman	M27	4:15:27
112	Reyna Benitez	F32	4:15:35
113	Ami Vargas	F30	4:15:57
114	Jordan Epstein	X27	4:16:38
115	Lexy Roberts	F24	4:17:27
116	**Karen Martinez**	**F26**	**4:18:04**
117	Tj Dial	M49	4:18:54
118	Kathryn Campbell	F55	4:19:27
119	Maiya Romero	F24	4:20:05
120	Kellan Boyd	M35	4:20:15
121	Maddie Boyd	F34	4:20:16
122	Allen Banag	M30	4:20:50
123	**Natalie Swearingen**	**F22**	**4:21:37**
124	Katherine Hinds	F24	4:21:57
125	Javier Chen	M48	4:22:17
126	Michael Galarnyk	M35	4:22:52
127	Karina Matsukado	F41	4:22:55
128	Monty Bloom	M42	4:23:29
129	Kurt Moran	M30	4:23:29
130	Johnny Rodriguez	M36	4:23:44
131	Emma Smith	F26	4:24:27
132	Mackenzie Smith	F26	4:24:28
133	Michael Sinsky	M67	4:24:34
134	Scotty Rupp	M23	4:24:39
135	Lucas Kubisch	M43	4:24:40
136	Max Hanson	M24	4:24:47
137	Brian Moore	M55	4:25:13
138	Zachary Constantino	M35	4:26:27
139	Zaya Taylor	M50	4:26:46
140	Brigitte Meyer	F25	4:26:58
141	Vishnu Rengaraj	M28	4:27:42
142	Thea Porr	F23	4:27:46
143	Andrea Guevara	F31	4:28:09
144	Hale Otto	F26	4:28:46
145	Erik Lauritzen	M42	4:28:59
146	Daniel Arizaga	M29	4:29:13
147	Alexander Clarke	M35	4:29:32
148	Crystal Tucker	F47	4:30:02
149	Tyler Joyce	M25	4:30:08
150	Isaac Joyner	M29	4:30:54
151	Charlotte Beltran	F30	4:30:58
152	Avi Simon	M26	4:30:59
153	Haley Hoefer	F23	4:30:59
154	**Russell Rogers**	**M27**	**4:32:21**
155	Ryder Poulin	M21	4:32:34
156	Richard Ong	M40	4:32:48
157	Cole Casteel	M24	4:33:43
158	Jordan Celaya	M28	4:34:00
159	Jonathon Proffer	M31	4:34:04
160	Tamra Manning	F37	4:34:25
161	Jessica Schrauth	F46	4:34:39
162	Tracy Monniere	M48	4:34:45
163	Joyce Yao	F30	4:34:49
164	Feliciano Marentes	M45	4:35:03
165	Erick Rodriguez	M23	4:35:24
166	Céline Comolet	F35	4:35:35
167	Keith Ford	M54	4:36:06
168	Alex Yeung	M55	4:36:27
169	Trevor Brown	M26	4:36:36
170	Dan Duncan	M38	4:37:50
171	Dennis Frenier	M38	4:37:53
172	Lubos Brieda	M46	4:38:49
173	Ticus Brandt	M24	4:39:01
174	Riki Yamamoto	M29	4:39:23
175	Mitchell Navarette	M34	4:40:04
176	**Sandra Urra**	**F58**	**4:40:36**
177	Oliver Casey Esparza	M26	4:40:46
178	Mico Quijano	M25	4:40:47
179	Javon Patterson	M28	4:41:16
180	Madison Darrow	F21	4:41:18
181	Kendale Wirtjes	M24	4:41:22
182	**Courtney Ladika**	**F46**	**4:41:33**
183	**Liam McPhee**	**M44**	**4:41:48**
184	**Dana Taylor**	**F34**	**4:42:15**
185	Michelle Hillstrand	F48	4:42:50
186	Thomas Bradford	M42	4:43:18
187	Adrien Comolet	M38	4:44:30
188	Qi Tan	F34	4:44:52
189	Kolby Wade	M43	4:45:23
190	Doug Purcell	M39	4:45:50
191	Jacob Nanigian	M23	4:46:58
192	Emily Ostrowski	F31	4:47:07
193	Molly Krantz	F45	4:47:24
194	Victoria Ervin	F45	4:47:28
195	Yadira Hipolito	F36	4:48:53
196	Levi Hutchason	M24	4:48:54
197	Timnah Yefet	F42	4:49:13
198	Tivas Gupta	M25	4:49:28
199	Lana Kennedy-Brol	F40	4:50:32
200	Ashley Burgin	F42	4:50:59
201	Paul Ralyea	M59	4:51:02
202	Younie Choi	F46	4:51:12
203	Guang Jiang	M49	4:51:16
204	Ilia Adamov	M33	4:51:34
205	Ted Tekippe	M49	4:52:45
206	Daniel Miller	M40	4:53:59

• Humboldt County runners are highlighted

207	Albert Wiseman	M30	4:54:01
208	Param Sharma	M30	4:54:01
209	Emma Howard	F29	4:55:10
210	Samantha Tetro	F29	4:55:11
211	Garett Turner	M30	4:55:41
212	Sebas Padilla	M21	4:55:53
213	Jennifer Rollberg	F55	4:56:44
214	Sarah Meadows	F23	4:56:45
215	Jake Aaknes	M26	4:56:51
216	Daniel Rowlan	M36	4:58:20
217	Himanshu Suri	M59	4:59:15
218	En Chong Kim	M36	4:59:27
219	Oscar Ramirez Mendoza	M33	4:59:57
220	Byron Krempl	M30	5:00:18
221	Hailey Krempl	F27	5:00:20
222	Liam Mccoy	M23	5:00:45
223	Jaymz Robinson	M24	5:00:47
224	Morena Carvalho	F51	5:00:48
225	**Katie Bisson**	**F54**	**5:01:33**
226	Stephen Bethea	M45	5:02:37
227	Daniel Tuttle	M32	5:05:22
228	Kyle Van Leeuwen	M27	5:05:25
229	Kayla Martain	F27	5:05:40
230	**Clay Mosolino**	**M35**	**5:05:41**
231	Ginny Gomez	F38	5:06:24
232	Oscar Vargas	M29	5:07:22
233	Skyler Dohr	M27	5:08:12
234	Kathryn Clements	F25	5:08:12
235	Karen Wang	F26	5:08:44
236	Deonte Brown	M29	5:09:19
237	Rory Neithinger	M33	5:09:26
238	Katherine Hansen	F25	5:09:58
239	Allison Jeffery	F51	5:10:15
240	Sylvia Hung	F49	5:10:16
241	Aferdita Uku	F56	5:10:16
242	Eneida Revueltas	F38	5:13:20
243	Thuba Leba	F48	5:14:55
244	Jamie Hekhuis	F32	5:15:02
245	Colin Swenson	M32	5:15:19
246	Adiva Shah	F29	5:15:31
247	Stephen Hahm	M55	5:15:36
248	Emily Gavrilenko	F26	5:16:34
249	Dennis Gavrilenko	M23	5:16:34
250	Lukas Möller	M25	5:16:35
251	Joanna Corey Lochner	F52	5:17:58
252	**Janell Colosio**	**F45**	**5:18:02**
253	Jessie Vega	M26	5:18:22
254	Jacob Rukovena	M23	5:18:41
255	Genessee Tudino	F31	5:18:56
256	Sharon Garant	F29	5:19:01
257	Mia Chambers	F49	5:19:04
258	Jeffrey Davis	M20	5:19:38
259	Andrea Silva	F44	5:20:22
260	Ty Demint	M54	5:20:26
261	Claire Gallagher	F25	5:20:44
262	Cole Hinkelman	M26	5:20:44
263	Colin Wertz	M22	5:21:26
264	Ben Allen	M20	5:21:26
265	Erin McGarry	F48	5:22:08
266	Jonathan Scarcella	M26	5:22:27
267	Gianluca Vanni	M26	5:22:48
268	Evan Mckearn	M42	5:23:06
269	Isabelle Paulsen	F24	5:25:05
270	Camilla Hallin	F28	5:26:17
271	John Hallin	M60	5:26:18
272	Jennifer Klein	F37	5:26:48
273	Maggie Grelli	F31	5:27:00
274	Rene De La Torre	M46	5:27:30
275	Sam Merkel	M26	5:27:49
276	Ashlyn Teran	F26	5:27:50
277	Jessica Matthis	F32	5:27:55
278	Darcy Sarr	F25	5:27:55
279	Jacob Lee	M16	5:28:22
280	Chris Brennan	M36	5:29:26
281	**Rosa Reynoza**	**F41**	**5:29:32**
282	**Darly Diaz**	**F24**	**5:30:03**
283	Cuong Nguyen	M36	5:32:46
284	Catherine Medeiros	F41	5:33:02
285	Bailey Cagle	F28	5:33:13
286	Darren Abel	M49	5:35:49
287	Hannah Ryan	F27	5:35:56
288	Laurie Dunn	F52	5:36:29
289	Mayank Nega	M39	5:36:39
290	Ed Sidawi	M56	5:37:37
291	**Nick Jaeger**	**M36**	**5:40:05**
292	Kiet Bui	M24	5:40:23
293	Kade Engle	M25	5:41:38
294	Isabel French	F43	5:41:39
295	James Day	M22	5:41:58
296	Eva Alvarez	F33	5:42:06
297	Manuel Carrasco	M39	5:42:41
298	Jeremy Bates	M49	5:43:08
299	**Reuben Perez**	**M21**	**5:43:08**
300	Emily Hengel	F24	5:44:28
301	Rosalyn Remington	F22	5:44:39
302	Sergio Nucamendi	M22	5:44:40
303	Brandi Weaver	F36	5:45:01
304	Christopher Smyly	M40	5:45:02
305	Kacen Kenopic	M25	5:45:54
306	Arshia Firouzi	M34	5:45:59
307	Phillip Hernandez	M35	5:46:07
308	Jonathan Bouriaque	M54	5:46:29
309	Umar Faruqi	M28	5:46:51
310	Andrea Trujillo-Gonzalez	F25	5:46:55
311	Samantha Ruttan	F33	5:48:21
312	Monica Guzman	F32	5:49:16
313	Braydon Oler	M25	5:50:03
314	Beth Jacobs	F50	5:50:19
315	Tanya Nigam	F54	5:50:22
316	Andy Otten	M40	5:51:22
317	Ashley Juric	F40	5:51:25
318	Mary Chou	F50	5:51:36
319	Adel Erdaty	M56	5:52:33
320	Mia Yarbrough	F16	5:53:21
321	Miela Beeton	F16	5:53:21
322	Chieko Nozaki	F55	5:55:33
323	Van Nguyen	M29	5:58:42
324	Faviola Hernandez	F34	5:59:04
325	Andrew Dufresne	M22	6:02:30
326	Patricia Garcia	F38	6:13:11

½ Marathon

8:45 am., Sun., 10/11/26

Pl	Name	G/age	ChipT
1	Jordan Berkley	M21	1:11:45
2	Josh Rosenkranz	M29	1:12:29
3	Chase Hensinger	M22	1:16:10
4	Ryan Hutchinson	M26	1:22:52
5	Daniel Dao	M32	1:23:30
6	Alex Dodd	M46	1:23:51
7	Cameron Mercer	M25	1:23:58
8	**Matthew Kidwell**	**M45**	**1:24:42**
9	Erich Coulter	M33	1:26:15
10	**Eric Coppa**	**M29**	**1:26:22**
11	Anthony Clinton	M23	1:26:27
12	**Leonard Norton**	**M18**	**1:26:58**
13	**Elan Bustos**	**M22**	**1:27:00**
14	Vladimir Tarakanov	M40	1:27:02
15	**Trevyn Sanborn**	**M28**	**1:27:07**
16	Stephen Krumland	M38	1:28:02
17	Bo Aucoin	M44	1:28:10
18	Aaron Senter	M41	1:28:28
19	**Brent Ritschel**	**M33**	**1:29:13**
20	**Ryan Mclaughlin**	**M35**	**1:29:13**
21	Rocky Zhang	M37	1:29:33
22	Dan Hirsch	M??	1:30:02
23	**Brandon Nielsen**	**M30**	**1:31:47**
24	**Javier Villalvazo**	**M30**	**1:33:14**
25	**Casey Malloy**	**M35**	**1:33:15**
26	Kate Pringle	F21	1:33:26
27	Paul McEvoy	M36	1:33:41
28	Lauren M Lovelace	F40	1:33:52
29	Christopher Henley	M56	1:34:07
30	Thomas Arnold	M32	1:34:09
31	**John Seavey**	**M32**	**1:34:31**
32	**Jacob Schnetz**	**M23**	**1:35:09**
33	Owen Prince	M26	1:36:12
34	Catherine Dubay	F62	1:36:13
35	Emma Zanardi	F27	1:36:24
36	**Patrick Shutt**	**M27**	**1:36:33**
37	Jonathan Zink	M55	1:36:37
38	Gretchen Forrey	F38	1:36:53
39	Derek Oshita	M34	1:37:05
40	Christine Ryss	F36	1:37:08
41	Malia White	F28	1:37:34
42	Jill Soller	F34	1:37:42
43	Andrew Sumner	M34	1:38:02
44	**Kendall Morris**	**F33**	**1:38:04**
45	David Guo	M27	1:38:07
46	Benjamin Dellos	M30	1:38:18
47	Brooke Giorgi	F24	1:38:28
48	Rafael Anguiano	M36	1:38:48
49	Arden Simone	F31	1:39:07
50	Christopher Douglas	M47	1:39:38
51	Diana Callahan	F60	1:39:53
52	Maksim Leanovich	M36	1:39:54
53	Julie Wang	F29	1:39:58
54	Spencer Bullen	M24	1:40:15
55	Steven Curry	M40	1:40:27
56	Caleb Sponholtz	M52	1:40:28
57	Maxwell Hill	M31	1:40:30
58	**Sarah Collins**	**F37**	**1:40:48**
59	**Emily Batini**	**F39**	**1:40:49**
60	Leo Yue	M31	1:41:04
61	Valerie Panela	F31	1:41:05
62	Kaylee Lloyd	F26	1:41:44
63	Adrian Valencia	M16	1:41:54
64	Kerry Hanlon	F54	1:42:10
65	Dmytro Pasieka	M35	1:42:38
66	Cameron Moon	M29	1:42:52
67	Hayley Rohde	F40	1:43:08
68	**Manuel Lewis**	**M38**	**1:43:23**
69	**Deirdre Replinger**	**F25**	**1:43:31**
70	**Jason Weldon**	**M18**	**1:43:57**
71	Maximilian Moeller	M31	1:44:15
72	Helen Lawrence	F44	1:44:18
73	Matthew Cohn	M39	1:44:18
74	**Dustin Jackson**	**M31**	**1:44:27**
75	**Elijah Chiles**	**M17**	**1:45:05**
76	Peter Hellwig	M43	1:45:05
77	Nikki Blandford	F29	1:45:06
78	Jose Mercado	M34	1:45:26
79	Thomas Swanson	M30	1:45:47
80	**Jake Johnson**	**M50**	**1:45:57**
81	Robert Fitz	M57	1:45:58
82	Kelly Liang	F28	1:45:59
83	Nicolas Barba	M26	1:46:00
84	Denielle Abaquita	M26	1:46:10
85	Kim Allen	F29	1:46:34
86	Joshua Maigue	M27	1:46:38
87	Daniel Irons	M27	1:46:41
88	Ashish Rathore	M42	1:46:45
89	**Jasper Schulz**	**M15**	**1:46:52**
90	Moises Luna	M44	1:46:55
91	David Rose	M36	1:47:00
92	Benjamin Meister	M24	1:47:13
93	**Duncan Robins**	**M61**	**1:47:14**
94	Nina Pasquini	F27	1:47:22
95	Victor Pantaleon	M23	1:47:30
96	Casey Hull	M42	1:47:34
97	**Narayan Weibel**	**M23**	**1:47:38**
98	Nicholas Ayon	M29	1:47:51
99	**Joe Reed**	**M29**	**1:47:55**
100	Timothy Griffiths	M51	1:47:56
101	Paul Madeira	M48	1:48:02
102	Szymon Kordon	M34	1:48:17
103	Brenna Perlman	F32	1:48:28

104	Sarah Draves	F44	1:48:38
105	Thomas Kaiser	M35	1:48:48
106	Michael Lawrence	M43	1:48:48
107	**Anna Riedl**	**F30**	**1:48:49**
108	Clarence Wilson	M31	1:48:51
109	Javen Chatterton	M25	1:49:05
110	Zack England	M35	1:49:05
111	Anant Rajeev	M28	1:49:13
112	Chuck Cassel	M45	1:49:15
113	Craig Vassell	M36	1:49:16
114	Danielle Keys	F34	1:49:24
115	Holly Aguiar	F34	1:49:27
116	Humberto Lopez	M39	1:49:29
117	Junha Shin	M31	1:49:45
118	**Cody Bognuda**	**M35**	**1:50:05**
119	Gabe Nguyen	M26	1:50:13
120	Michael Schwanhausser	M28	1:50:13
121	Tracy Bull	M62	1:50:22
122	Kyle Hardy	M40	1:50:29
123	Gloria Estrada	F44	1:50:34
124	Sarah McGraw	F36	1:50:34
125	Mary Smirnova	F32	1:50:38
126	**Courtney Carlson**	**F34**	**1:50:39**
127	Anthony Aguirre	M35	1:50:40
128	Abby Friesen	F29	1:50:40
129	**John Stewardson**	**M34**	**1:50:44**
130	Nathan Franscella	M22	1:50:51
131	Jillian McPaught	F23	1:50:56
132	Paul Brickley	M76	1:51:00
133	Thoa Conlon	F50	1:51:15
134	Zhanetta Harrison	F45	1:51:29
135	Ian Dechow	M33	1:51:35
136	Michaela Koke	F33	1:51:53
137	Uliana Korabel	F37	1:52:03
138	Micah Westerman	M47	1:52:17
139	**Jennifer Marlow**	**F46**	**1:52:34**
140	Antanas Rishko	M23	1:52:36
141	Corianna Frederick	F33	1:52:47
142	Panos Sahinidis	M30	1:53:13
143	Rosa Arellanes	F33	1:53:15
144	Charles Greiner	M26	1:53:20
145	Jessica Chen	F38	1:53:24
146	Macadam Lojowsky	M48	1:53:56
147	Alyssa Bloom-Keill	F36	1:54:13
148	Anna Anisimova	F33	1:54:39
149	Mitchell Smith	M40	1:54:44
150	Alan Hatch	M38	1:54:46
151	Ben Dus	M36	1:54:46
152	Madelaine Dolich	F24	1:54:51
153	Alex Oleinikov	M36	1:54:54
154	Anthony Martin	M19	1:55:13
155	Alicia Zwier-Castillo	F36	1:55:29
156	Timothy Zwier-Castillo	M71	1:55:30
157	Alex Filippelli	M46	1:55:30
158	Paul Skelly	M38	1:55:35
159	Miguel Jimenez	M31	1:55:36
160	John Martin	M64	1:55:39
161	Bart Haverkorn Van Rijsewijk	M45	1:55:43
162	Paulina Morales	F23	1:55:45
163	Alexander Bruch	M34	1:55:48
164	**Aidan Stephens**	**M37**	**1:55:49**
165	Von Hill	M36	1:55:49
166	Wyatt Whitman	M29	1:55:50
167	Steve Lafler	M69	1:55:54
168	Joseph Trubacz	M67	1:56:03
169	**Katrin Lemmon**	**F36**	**1:56:03**
170	Jay Shah	M32	1:56:03
171	Jiawei Wang	M28	1:56:10
172	Oscar Gray	M56	1:56:13
173	Mary Dorofeyev	F32	1:56:14
174	Neil Crumpton	M51	1:56:16
175	Melissa Trubacz	F36	1:56:20
176	Anabel Badillo	F35	1:56:33
177	Melanie Sanchez	F14	1:56:33
178	Aidan Rhind	M25	1:56:37
179	Mary Mclaurine	F33	1:56:38
180	Willy Mellor	M41	1:56:40
181	Anant Kumar	M58	1:56:42
182	Daniel Martin	M30	1:56:45
183	Harishankar Jayakumar	M44	1:56:49
184	Kathy McCarthy	F46	1:56:51
185	Susanna Zuniga-McGuire	F49	1:56:52
186	Theodore Malaska	M48	1:56:52
187	Frank Bueno	M22	1:56:59
188	**Kristin Lane**	**F51**	**1:57:27**
189	Jeromy Johnson	M33	1:57:28
190	Eric Taylor	M33	1:57:30
191	Leo Zsembik	M30	1:57:32
192	**Ian Hart**	**M47**	**1:57:34**
193	Atl Arredondo	M33	1:57:49
194	**Mark Chapman**	**M67**	**1:57:53**
195	Dean Hunter	M57	1:57:54
196	Timothy Burcham	M50	1:57:56
197	Josiah Chavez	M31	1:58:22
198	Casey Cogdill	M24	1:58:23
199	Amanda Miller	F41	1:58:42
200	Abbie Stolnack	F28	1:58:43
201	Charlene Rowland	F52	1:58:48
202	Kara Clark	F31	1:58:52
203	Ariella Chen	F13	1:58:57
204	Camille Weir	F38	1:58:58
205	**Kelly Ridgway**	**F40**	**1:59:00**
206	**Joey Salazar**	**M33**	**1:59:08**
207	Elizabeth Lebling	F36	1:59:13
208	Kenneth Greene	M44	1:59:20
209	**Caroline Carson**	**F64**	**1:59:28**
210	Haley Hayashi	F30	1:59:33
211	Matthew Mccullough	M35	1:59:33
212	**Eric Vandermolen**	**M47**	**1:59:36**
213	Darshan Sawant	M34	1:59:36
214	Isaac Garcia	M27	1:59:55
215	Dean Zach	M31	2:00:03
216	Erin Purinton	F37	2:00:05
217	**Shawn Magnuson**	**M57**	**2:00:06**
218	Rivet Daigre	M37	2:00:11
219	Virginia Fitz	F58	2:00:11
220	Michelle Delgadillo	F32	2:00:12
221	**Dave Ryan**	**M69**	**2:00:25**
222	**Caroline Martorano**	**F36**	**2:00:27**
223	Courtney Cravens	X32	2:00:29
224	Anna Nagy	F27	2:00:31
225	Flora Brands	F62	2:00:42
226	Jessica Appelgren	F49	2:00:46
227	Sandip Chaudhari	M49	2:00:52
228	Grace Hamill	F29	2:01:06
229	Edson Basurto	M30	2:01:06
230	Silas Wilkinson	M34	2:01:08
231	Jakus Van Staden	M41	2:01:28
232	Carlien Finan	F50	2:01:29
233	James Hazen	M49	2:01:34
234	Natalie Rodden	F44	2:01:52
235	Akhilesh Prasad	M23	2:01:58
236	Dylan Pearce	M30	2:02:04
237	Austin Hirsh	M29	2:02:07
238	Danny Ajquiy	M26	2:02:12
239	Anthony Yang	M30	2:02:13
240	Kris Lee	F39	2:02:28
241	**Melati Kaye**	**F41**	**2:02:37**
242	Harsha Golla	M36	2:02:43
243	**Sheri Jensen**	**F62**	**2:02:46**
244	Kenzie Hardy	F29	2:02:49
245	Kevin Tsukii	M32	2:02:56
246	Paritosh Dande	M35	2:03:18
247	**Tonalli Orona Ramirez**	**F27**	**2:03:28**
248	Max Tarjan	F38	2:03:33
249	Camellia An	F23	2:03:42
250	**Netra Khatri**	**M48**	**2:03:50**
251	Thomas Mims	M51	2:03:55
252	**Manuel Quevedo**	**M26**	**2:04:00**
253	Patrick Hickson	M42	2:04:04
254	**Caroline Lowry**	**F48**	**2:04:04**
255	Kerry Drake	F55	2:04:14
256	Rohit Sheth	M33	2:04:15
257	Fidel Bueno	M39	2:04:19
258	Samantha Mallari	F28	2:04:20
259	Nina Roguski	F32	2:04:20
260	Michael Kavanaugh	M56	2:04:27
261	Melodie Greene	F44	2:04:30
262	Mark Lehrmann	M60	2:04:33
263	Guillermo Nuñez	M39	2:04:35
264	Sam Chelsea Coppock	X31	2:04:42
265	Evelyn Murphy	F30	2:04:48
266	Austin Pauletich	M30	2:05:00
267	Noori Farzad	M58	2:05:23
268	Malia Nixon	F34	2:05:29
269	Ivan Artyukhov	M32	2:05:33
270	Edith Mandache	F50	2:05:34
271	**Bri Cavanaugh**	**F34**	**2:05:38**
272	Karey Shumansky	F48	2:05:41
273	Abbey Chanco	F30	2:05:45
274	**Mary Bongio**	**F59**	**2:05:46**
275	Nikhil Chaudhary	M22	2:05:47
276	**Megan Atherton**	**F43**	**2:06:02**
277	Jose Heim	M34	2:06:12
278	Katherine O'Connor	F38	2:06:24
279	Noor Bil	F45	2:06:29
280	Anya Razina	F40	2:06:43
281	Nicole Watts	F59	2:06:49
282	Sarah Rose	F40	2:06:57
283	Annalissa Powner	F34	2:07:04
284	Nicole Warren	F32	2:07:06
285	Sabrina Talghader	F24	2:07:06
286	Scott Finan	M21	2:07:08
287	Vrushali Mahajan	F33	2:07:08
288	Ashley Jones	F41	2:07:14
289	Keiko Montenegro	F32	2:07:16
290	Alex Lawton	M32	2:07:38
291	Eric Lee	M34	2:07:38
292	Oscar Tellez	M30	2:07:59
293	Jaden Bauer	M22	2:08:02
294	Marcus Schneider	M54	2:08:19
295	Wilma Rishko	F26	2:08:37
296	Alexandra Griffin	F43	2:08:38
297	Anna Song	F28	2:08:39
298	Marshall Nakatani	M27	2:08:39
299	Tonia Nelson	F43	2:08:45
300	Farida Jhabvala	F48	2:08:48
301	Tyson Bowe	M45	2:08:56
302	Ella Rehman	F25	2:08:57
303	Sarah Altschul	F50	2:08:57
304	Odessa Robinson	M47	2:08:58
305	Eulogio Quiroz-Perez	M38	2:08:58
306	Manickaraja Vivekanandan	M41	2:08:59
307	Kristen Maloy	F26	2:09:00
308	Tyler Cunningham	M31	2:09:06
309	Robert Hill	M55	2:09:09
310	Richard Hansen	M56	2:09:16
311	Fernando Flores	M47	2:09:18
312	**Dan Branson**	**M33**	**2:09:25**
313	Haley Paul	F31	2:09:28
314	**Amanda Ruddy**	**F43**	**2:09:29**
315	**Stella Saba**	**F23**	**2:09:30**
316	Grant Potter	M37	2:09:38
317	Montica Sawant	F31	2:09:38
318	**Ananda Verdone**	**F28**	**2:09:39**
319	Nicole Villapiano	F41	2:09:48
320	**Casse Weaver**	**F49**	**2:09:51**
321	Nicholas Clover	M38	2:09:56
322	Siddharth Ghiya	M31	2:09:57
323	**Marie Cappiello**	**F55**	**2:10:02**
324	Michael Bermudez	M43	2:10:05
325	Viveca Elsey	F29	2:10:10
326	Ainsley Elliott-Beagle	M22	2:10:15
327	Gretchen Ferreira	F49	2:10:16
328	Peyton Ulrich	M28	2:10:27
329	Janis Loughlin	F58	2:10:35
330	Benjamin Wong	M34	2:10:36
331	Aimee Shirrell	F58	2:10:36

332	Hadley O'Malia	F27	2:10:38
333	Mitchell Ferris	M27	2:10:54
334	Michael Becker	M67	2:10:57
335	Alanna Slocum	F37	2:11:00
336	**Nora Wynne**	**F59**	**2:11:00**
337	**Evan Hatfield**	**M47**	**2:11:10**
338	David Doyle	M50	2:11:18
339	Katherine Sheckells	F44	2:11:20
340	Eric Booth	M59	2:11:32
341	**Owen Head**	**M48**	**2:11:42**
342	Danny Sanchez	M37	2:11:47
343	Gregorio A Ramirez	M45	2:11:49
344	Roberto Lopez	M32	2:11:49
345	Labree Tolman	F43	2:11:54
346	Kai Logan	M18	2:11:57
347	Kristin Zitterkopf	F39	2:11:59
348	Karina Arias	F32	2:12:08
349	Hannah Craig	F36	2:12:15
350	Madison Feller	F31	2:12:17
351	Clare Andriola	F24	2:12:22
352	Cameron Froehlich	M36	2:12:26
353	**Tessa Head**	**F39**	**2:12:27**
354	**Vanessa Miranda**	**F33**	**2:12:27**
355	**Matty G**	**M37**	**2:12:28**
356	**James Morrison**	**M35**	**2:12:30**
357	Lauren Harris	F23	2:12:34
358	Elyssa Thome	F39	2:12:35
359	**Macie Hagemann**	**F16**	**2:12:42**
360	**Jesse Hindbaugh**	**M47**	**2:12:44**
361	**Vincent Weldon**	**M43**	**2:12:48**
362	Griffin Hemmelgarn	M25	2:12:54
363	Seth Kazarians	M44	2:13:03
364	Rebekah Evenson	F52	2:13:05
365	Moises Sanchez	M25	2:13:14
366	Justin Unbedacht	M37	2:13:19
367	Kim Tan	F33	2:13:27
368	Jonathan Spencer	M47	2:13:29
369	Mayank Chaudhary	M53	2:13:32
370	**Mavelyn Socha**	**F48**	**2:13:39**
371	Devrey Martin	F29	2:13:47
372	Erwin Linzner	M73	2:13:51
373	Christina Hammans	F48	2:13:51
374	Shibi Siddharth Karuppusamy	M34	2:14:00
375	Debbie Castiglione	F57	2:14:12
376	David Bainbridge	M44	2:14:13
377	Kellie Bainbridge	F46	2:14:13
378	Renea Greenberg	F60	2:14:18
379	Balaji Jayasankar	M29	2:14:24
380	Sue Elsey	F58	2:14:25
381	Jamie Loeber	F29	2:14:26
382	Raveen Bhaskar	F46	2:14:30
383	Iva Petrovic	F26	2:14:35
384	Joel Mathew	M30	2:14:42
385	Zachariah Brown	M31	2:14:44
386	Sandra Brieda	F50	2:14:45
387	Anthony Celaya	M55	2:14:56
388	Steve Jenkins	M71	2:15:03
389	Nicole Stembridge	F36	2:15:04
390	Corin Seguljic	F33	2:15:04
391	**Amy Hamilton**	**F47**	**2:15:05**
392	Sara Wells	F39	2:15:05
393	Eric Gong	M42	2:15:07
394	Allison Pillman	F28	2:15:10
395	Patrick Dunn	M40	2:15:20
396	Cinthia Castellanos	F29	2:15:21
397	Sherri Rapp	F40	2:15:21
398	Clavey Segerstrom	M15	2:15:29
399	Alessandra Rodriguez	F37	2:15:47
400	Elias Oska	M32	2:15:50
401	Matt Stites	M36	2:15:52
402	**April Quincey**	**F45**	**2:16:07**
403	David Ellis	M38	2:16:08
404	Isabelle Blackwell	F15	2:16:12
405	**Camryn Pinard**	**F21**	**2:16:17**
406	Michael King	M30	2:16:22
407	Tabi Bolton	M47	2:16:28
408	Brady Gartman	M31	2:16:35
409	Anita Dunsmore	F33	2:16:35
410	Candace Fleming	F54	2:16:37
411	Amanda Herold	F41	2:16:41
412	Angelique Heaton	F26	2:17:02
413	Puru Anand	M30	2:17:15
414	**Brian Ferguson**	**M73**	**2:17:21**
415	Pedro Joao Monteiro Sousa	M32	2:17:21
416	James Barge	M71	2:17:26
417	Leah Rainey	F45	2:17:29
418	Hutch Haskins	M20	2:17:42
419	Michael Blackwell	M44	2:17:44
420	Emily Koenig	F50	2:17:47
421	Lexie Sautter	F45	2:17:47
422	Nate Koenig	M51	2:17:48
423	Frannie Marin	F27	2:17:49
424	Spencer Sautter	M47	2:17:49
425	Priya Raman	F49	2:17:55
426	Patrycja Dzialecka	F31	2:17:57
427	**Sage Johnson**	**M27**	**2:17:58**
428	Mikio David	M35	2:18:33
429	Timothy Putman	M35	2:18:34
430	Samuel Morris	M35	2:18:46
431	Ken Edwards	M57	2:18:59
432	Umesh Melaram	M35	2:19:00
433	Vinutha Ashwathanarayan	F44	2:19:06
434	Alannah Laret	F53	2:19:06
435	Rachel Mcneil	F28	2:19:09
436	Deva Holliman	F25	2:19:28
437	**Garett Rennie**	**M30**	**2:19:31**
438	Jason Meoni	M25	2:19:34
439	Amit Bhardwaj	M50	2:19:36
440	Jeremy Helvey	M45	2:19:37
441	Casey Olson	F26	2:19:51
442	Julia Root	F47	2:19:52
443	Deborah Kornblut	F29	2:19:53
444	Pauline Bennett	F29	2:19:54
445	Julianne Reas	F28	2:19:55
446	Becky Villagran	F43	2:19:59
447	Isabel Weinberg	F28	2:20:01
448	Lauren Samuel	F39	2:20:09
449	Ronald Seguljic	M70	2:20:20
450	Chaya Manjunath	F44	2:20:21
451	Heather Hansen	F56	2:20:31
452	Rea Rustagi	F26	2:20:50
453	Parker Franscella	F26	2:20:58
454	Sahana Jayakumar	F46	2:21:01
455	Allison Wang	F35	2:21:03
456	Lauren Watanabe	F30	2:21:08
457	Megan Hancock	F34	2:21:14
458	Megan Lassen	F36	2:21:17
459	Emily Henderson	F34	2:21:18
460	Jessica Ritchie	F44	2:21:26
461	**Monika Zielinski**	**F33**	**2:21:28**
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491	Melany Bowe	F50	2:25:01
492	Calia Blackey	F19	2:25:02
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538	Angely Alamilla	F28	2:30:12
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908	Angelica De La Torre	F46	3:43:37
909	Yashaswini Puttaswamy	F42	3:44:05
910	Camille Jones	F30	3:45:41
911	Simon Perryman	M45	3:45:52
912	James Hazel	M62	3:45:53
913	Tammie Wagner	F67	3:46:00
914	Lea Ann Coates	F64	3:48:27
915	Kiet Tran	M26	3:49:16
916	Dat Nguyen	M29	3:49:22
917	Adriana Frías	F47	3:51:19
918	Connor Merz	M24	3:51:32
919	Debra Slocum	F64	3:53:19
920	Lourdes Lopez	F63	3:53:56
921	Serena Rodriguez	F27	3:54:44
922	Robin Rodriguez	F48	3:54:50
923	**Janet Rodriguez**	**F32**	**3:55:41**
924	Gowri Anand	F41	3:58:26
925	Esther Komanapalli	F46	4:10:28
926	Kathleen Merz	F57	4:14:07
927	**Laysha Roberts**	**F53**	**4:14:07**

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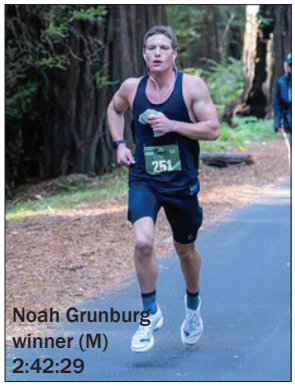
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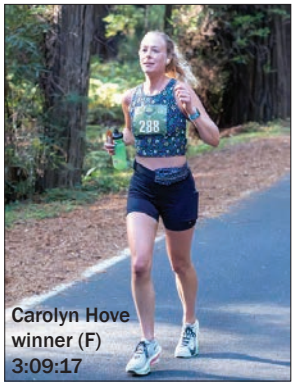
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1	Anton Bulyenov	M40	18:18
2	Kevin Krause	M29	18:54
3	**Oliver Cory**	**M33**	**19:46**
4	Simon Sander	M33	19:56
5	**Max Serrano**	**M28**	**21:57**
6	**Zion Carl**	**M44**	**22:00**
7	Jason Pembleton	M48	22:23
8	**Katharine Eilers**	**F34**	**22:43**
9	**Karen Kidwell**	**F42**	**22:48**
10	**Chuck Ayres**	**M49**	**22:52**
11	Mason Carter	M16	22:58
12	Andrew Yuan	M29	23:04
13	**Ellie Earle-Rouse**	**F27**	**23:11**
14	**Jon Larson**	**M11**	**23:27**
15	**James Hartsell**	**M37**	**23:31**
16	**Jenna Larson**	**F40**	**23:32**
17	**Tyson Mulder**	**M15**	**23:40**
18	Meghan Prin	F43	23:47
19	**Jen Foesig**	**F54**	**24:15**
20	Cate Maxson	F39	24:20
21	**Thomas Mulder**	**M43**	**24:40**
22	**Bailey Walker**	**M27**	**24:45**
23	**Conner McClendon**	**M19**	**24:45**
24	Caelum Pembleton	M13	24:47
25	**Garrett Hartsell**	**M11**	**24:54**
26	Ryan Shumate	M25	25:00
27	**Emma Ayres**	**F14**	**25:23**
28	**Samuel Wilber**	**M43**	**25:28**
29	**Andrea Lovio**	**F43**	**25:30**
30	Samuel Adams	M28	25:55
31	Erin Norris	F28	25:56
32	Brian Bauer	M62	26:03
33	Miah Jones	F11	26:08
34	**Joshua Ponce**	**M50**	**26:08**
35	Ron Franscella	M59	26:08
36	**Edward Coppini**	**M59**	**26:15**
37	Jason Celaya	M25	26:21
38	Eponine Celaya	F19	26:24
39	Leonardo Chen	M11	26:25
40	Elizabeth Jacobs	F55	26:45
41	Logan Funderburg	M20	26:47
42	**Alino Perez**	**M17**	**26:50**
43	**Makenzie Dominick**	**F29**	**26:51**
44	**Cyril Carl**	**M79**	**26:56**
45	**Randell Emenaker**	**M75**	**26:59**
46	Jeremy Lee	M30	26:59
47	Seth Fleig	M27	27:00
48	Karen Krause	F25	27:01
49	Anna Sanchez	F24	27:13
50	**Lilianna Elizade**	**F15**	**27:18**
51	Justin Walker	M38	27:23
52	**Mishell Lopez**	**F34**	**27:29**
53	**Paul Kraus**	**M65**	**27:31**
54	**Eliana Powell**	**F11**	**27:42**
55	**Roger Rees**	**M47**	**27:44**
56	Iliana Cardenas	F26	28:08
57	**Brittany Gribbin**	**F41**	**28:09**
58	Przemyslaw Dutka	M34	28:19
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65	**Jason Mohr**	**M55**	**28:35**
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124	Anne Wallin	F39	33:26
125	Edgar Romero	M31	33:35
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128	Chad Dance	M47	33:52
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131	Tessa Brown	F36	34:07
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140	Katelyn Isbell	F29	34:30
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142	Sophie Schouboe	F33	34:47
143	Bridgett Diaz	F41	34:53
144	Grace Milburn	F28	34:54
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155	Izabela Pakbaz	F41	35:33
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158	Mark Ellis	M71	35:41
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160	Lia Nelson	F25	35:46
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190	Ishani Ashok Gaikwad	F29	38:19
191	Audra Hochgesang	F25	38:19
192	Emily Drouin	F26	38:24
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206	Ashly Johnson	F42	39:57
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210	Brad Watson	M57	40:14
211	Allison Hazel	F55	40:14
212	Zsuzsanna Gooris	F34	40:20
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219	Ashley Powell	F39	40:55
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221	Evelia Cardenas	F37	41:13
222	Tim Canning	M67	41:15
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224	Steve Cox	M74	41:25
225	Eva Hill	F44	41:25
226	Michelle White	F44	41:25
227	Aras Alasar	M08	41:29
228	Erik Franks	M30	41:30
229	Jia Gordon	F33	41:31
230	Harun Alasar	M41	41:33
231	Ceyda Alasar	F41	41:39
232	Joelene Epling-Card	F43	41:52
233	Mia Von Knorring	F28	41:56
234	Yesenia Lopez	F33	41:56
235	Elizabeth Aiello	F30	42:07
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237	Carole Bliss	F77	42:10
238	Wren Murdock	F27	42:22
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243	Marcile Raney	F65	42:36
244	Pooja Rekha	F40	43:14
245	Mel Sample	M65	43:15
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247	Umadevi Byrappa	F53	43:34
248	Keenan Pool	M46	43:49
249	Violet Pool	F9	43:50
250	Julie Lyons	F61	43:52
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254	Sherry Myers	F70	44:28
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260	Abby Fore	F22	44:46
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263	Preethi Sridhara	F49	45:02
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265	Lidia Pinon Garcia	F63	45:19
266	Nohemi Ramos	F43	45:19
267	Maria Johana Ramos	F45	45:19
268	Gerald Crnich	M80	45:37
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270	Mina Aryanpur	F67	45:47
271	Yang Krack	F43	45:47
272	Clara Riggio	F26	45:49
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274	Alec Ihrig	M26	45:52
275	Stacy Carmody	F56	46:16
276	Laurie Dekeyser	F49	46:21
277	Patricia Iniguez	F45	46:26
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286	Shilpa Shivalingaiah	F51	48:30
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292	Adela Yanez	F53	49:17
293	Melodee Conrad	F58	50:13
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295	Don Brubaker	M65	50:22
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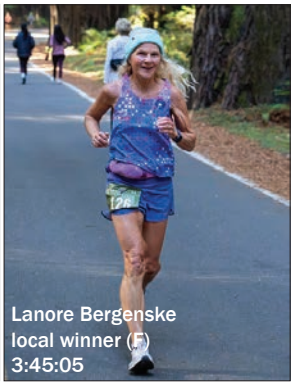
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316	**Molly Dekens**	**F36**	**52:04**
317	Aurora Hoefel	F10	52:04
318	Andrew Hoefel	M45	52:07
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322	Maurene Aakre	F73	54:55
323	Scott Spangler	M58	55:02
324	**Carolyn Taberner**	**F77**	**55:36**
325	Janina Rishkene	F63	55:56
326	Amanda Zink	F31	56:47
327	Thomas Murtaugh	M67	57:24
328	**Thomas Hjerpe**	**M59**	**57:25**
329	Man Nguyen	M43	58:20
330	**Shelly Lafferty**	**F50**	**58:37**
331	**Jessica Walsh**	**F50**	**59:07**
332	**Erin Obrien**	**F65**	**59:09**
333	Vijay Kothapalli	M43	1:00:21
334	Jensen Graham	F31	1:00:32
335	Emily Kumpe	F34	1:00:32
336	**Katherine Anderson**	**F60**	**1:00:42**
337	**Judith Hollifield**	**F69**	**1:00:46**
338	Audrey Haxby	F13	1:00:46
339	Melinda Haxby	F41	1:00:53
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341	**Cita Hunter**	**F27**	**1:02:18**
342	Harini Kosuri	F08	1:02:30
343	Vihaan Kothapalli	M10	1:03:00
344	**Sheri Schlesinger**	**F54**	**1:03:23**
345	**Shelly Davis**	**F64**	**1:03:23**
346	Vihari Pola	M38	1:03:36
347	Srija Pokala	F33	1:03:37
348	**Anthony Bognuda**	**M09**	**1:05:09**
349	**Katie Bognuda**	**F37**	**1:05:10**
350	**Terrie Bognuda**	**F65**	**1:05:31**
351	Victoria Binning	F34	1:06:04
352	Jacquelyn Ackerson	F34	1:06:04
353	Ronan Potter	M09	1:06:09
354	Rhea Potter	F10	1:06:11
355	Rondalyn Wright	F61	1:06:12
356	Michelle Klar	F57	1:06:15
357	Tory Potter	F63	1:06:15
358	Rhylan Klar	F27	1:06:16
359	Tia Potter	F35	1:08:27
360	Shonnie Wright	F63	1:08:29
361	Randall Wright	M62	1:08:30
362	Milo Schneider	M16	1:09:16
363	Jack Kirmse	M93	1:09:33
364	Lisa Delvaux	F67	1:09:34
365	Chrissy Young	F54	1:11:55
366	Deepthi Kothapalli	F42	1:13:46
367	Sree Laxmi Pokala	F62	1:13:55
368	Udaya Bhanu Vadde	F38	1:15:00
369	Kenneth Mayr	M28	1:33:58
370	Jennifer Ruzicka Lee	F54	1:38:28
371	Calista Ruzicka	F73	1:38:29
372	Jennifer Benson	F58	1:48:54
373	Julie Navarro	F74	1:49:30
374	**Simone Watts O'Hay**	**F57**	**2:22:14**
375	Terra Hatch	F48	2:52:03
376	Umberto Padilla	M48	4:10:28

Marathon


Noah Grunburg
winner (M)
2:42:29


Carolyn Hove
winner (F)
3:09:17

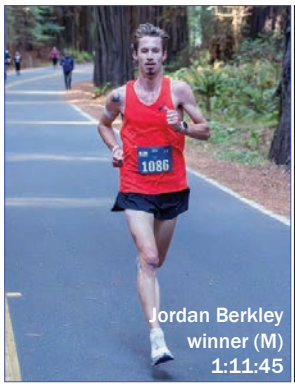

Craig Wasko
local winner (M)
3:19:21


Lanore Bergenske
local winner (F)
3:45:05

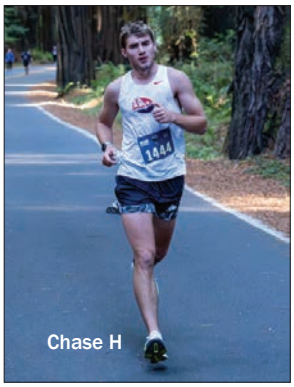

Drake B

Matthew C

Half Marathon

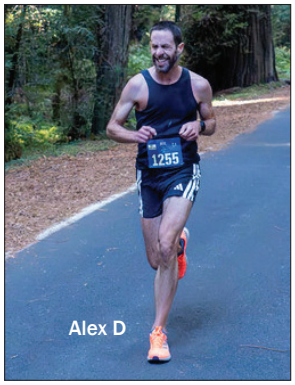

Jordan Berkley
winner (M)
1:11:45

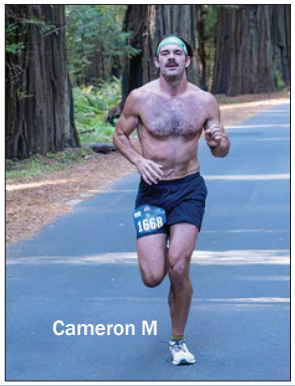

Josh R


Chase H

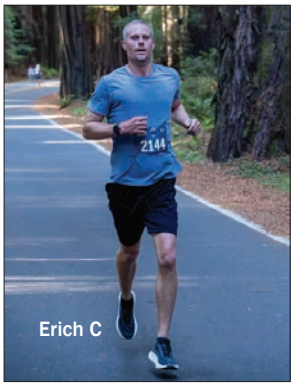

Ryan H


Daniel D


Alex D


Cameron M


Matthew Kidwell
local winner (M)
1:24:42


Erich C

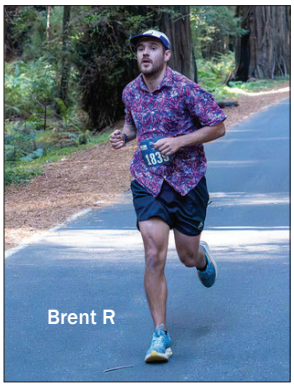

Eric C

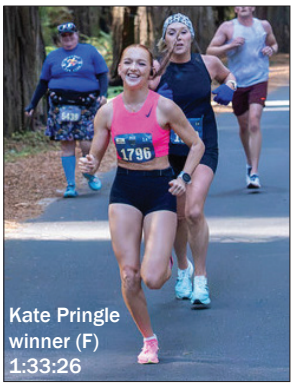


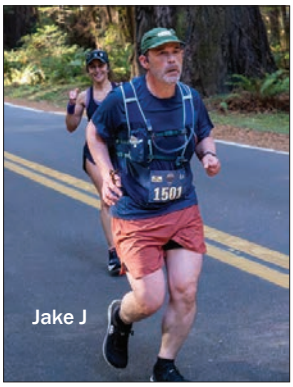
★ Please visit our webpage (https://6rrc.com) to see the rest.

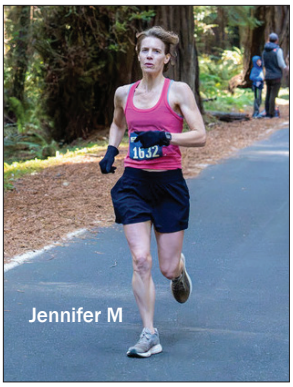
5K


Anthony C


Brent R


Kate Pringle
winner (F)
1:33:26


Jake J


Jennifer M


Anton Bulyenov
winner (M)
18:18


Kevin K


Oliver C


Simon S


Max S


Zion C

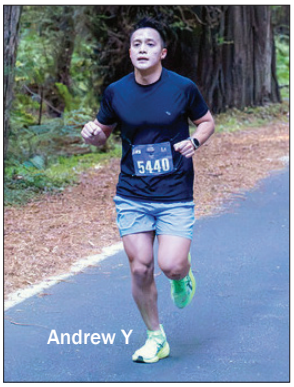

Jason P

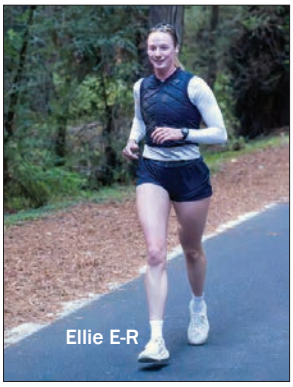

Katharine Eilers
winner (F)
22:43


Karen K


Chuck A


Mason C

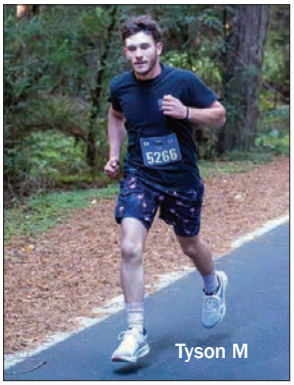

Andrew Y


Ellie E-R

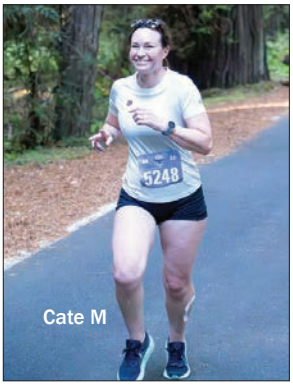

Jon L

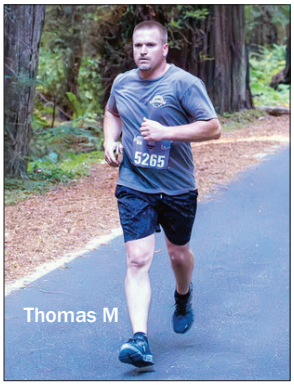

Meghan P
James H


Jenna L


Tyson M


Jen F


Cate M


Thomas M



★ Please visit our webpage (https://6rrc.com) to see the rest.

2026 25th SRRC CIRCUIT

by "**Tom Martin**" <tom.atalanta@gmail.com>



After **Sue-meg Park Run** on 9/19/26 & **HRM** on 10/11/26:
Runners (if younger than 70) who have run ≥ **3 SRRC races** are included below.

```
[1-#]   := Resolution Run (1/01/26)
[2-#]   := Hour Run (2/14/26)
[3.t-#] := FBMR 10M (3/08/26); [3.f-#] := FBMR 4M
[4-#]   := ACF, Arcata Community Forest Run (3/21/26)
[5-#]   := Masters Run (4/11/26)
[6.m-#] := Ave, marathon (5/03/26); [6.h-#] := ½ marathon; [6.t-#] := 10K
[7-#]   := Atalanta Run 5M (5/10/26)
[8.s-#] := GPR10.5M; [8.l-#] := GPR30K (6/06/26)
[9-#]   := Dow's Prairie 6.2M (6/20/26)
[10-#]  := 4th pf July 5K (7/04/26)
[11-#]  := Fortuna Rodeo 5K (7/12/26)
[12-#]  := Sand Dollar Shuffle 5M (8/01/26)
[13-#]  := Hammond Trail 5K (8/15/26)
[14.f-#]:= Sue-Meg Park 5K (9/19/26); [14.t-#] := 10K
[15.m-#]:= HRM, marathon (10/11/26); [15.h-#] := ½ marathon; [15.f-#] := 5K
```

* := Volunteered (Please contact us if you have not received the credit you are due.)

14 & Under Male: Liam Chapman* [1-1, 2-2, 10-3, 11-1, 12-1, 13-2, 14.*f*-2], Maddox Chapman* [1-3, 2-1, 10-2, 11-2, 12-2, 13-2, 14.*f*-3], Zane Chapman* [2-3, 10-4, 11-3], Oliver Stamper* [1-5, 2-4, 3.*f*-2, 10-7, 13-5], Jacob Beede [1-4, 10-5, 13-4], Felix Porter [2-6, 3.*f*-4, 10-8], Westley Porter [2-5, 3.*f*-3, 10-9], Jon Larson [10-1, 13-1, 14.*f*-1, 15.*f*-1], Mason Atherton-Friend [10-5, 12-3, 14.*f*-1, 15.*f*-2]. *With two races remaining, there are five athletes who can or already have completed the circuit.* ***Liam*** *and* ***Maddox*** *finished the Sue-Meg together for their seventh race and are currently tied for the lead.* ***Oliver*** *still needs one more finish and* ***Jon*** *and* ***Mason*** *both need two more.* ***Jon*** *has finished first in each of his efforts and had an excellent 23:23 at Sue-Meg.* ***Jon****, you can probably volunteer and race on the same day, in order to get your *.*

14 & Under Female: Roenne Powell* [1-2, 3.*f*-1, 4-1, 7-2, 10-2, 11-1, 13-1, 15.*f*-2], Isla Archibald-Buchanan [1-1, 7-1, 10-1], Arianna Porter [2-2, 3.*f*-3, 10-5], Eliana Powell [1-5, 10-4, 15.*f*-1]. *With her eighth finish,* ***Roenne*** *has completed the circuit and will take home the gold in this division. None of her competitors will have six finishes by year end.*

15-19 Male: Gideon Turner* [1-4, 2-1, 4-1, 9-1, 10-3, 13-2], Juan Ornelas [3.*f*-2, 10-1, 11-1], Ryder Bullman [3.*f*-1, 11-2, 13-1]. *With six in hand,* ***Gideon*** *will be the winner and only qualifier in this division.*

15-19 Female: *Alas, we have no qualifiers in this division.*

20-24 Male: Caleb Turner* [1-1, 2-1, 4-1, 10-1, 13-1, 14.*f*-1]. ***Caleb*** *placed fourth overall in 21:35 at Sue-Meg to take the laurels in this division.*

20-24 Female: *Alas, another wide-open division with no-one to take the prize.*

25-29 Male: Jasper* [1-2, 2-1, 3.*f*-3, 4-2, 9-2, 10-1, 11-3, 13-2, 14.*f*-1], Eric Coppa* [3.*t*-1, 6.*h*-1, 8.*s*-1, 9-1, 12-1, 14.*t*-1, 15.*h*-1], Jakob Zolwik [4-1, 11-2, 13-1], Travyn Sanborn [9-1, 11-1, 15.*h*-2]. ***Jasper*** *has nine finishes in the books and has earned his certificate.* ***Eric*** *has seven finishes and will claim victory with seven firsts including a second overall of 40:33 in the Sue-Meg ten and a 1:26:22 in the HRM half.*

25-29 Female: Anna Riedl [3.*t*-1, 8.*s*-1, 12-1, 15.*h*-1], Alexa Stefanakis [1-2, 6.*h*-1, 15.*h*-2]. ***Anna****, you can do it! Two finishes needed, two races left!* ***Alexa****, the best you can do is come up one race short, but don't despair, the new year starts on January first with the resolution run.*

30-34 Male: Brent Ritschel [1-1, 4-1, 14.*f*-1, 15.*h*-1], Ross Mayfield [1-4, 3.*f*-1, 4-3, 9-2, 10-1, 14.*f*-2], Galen Hammitt [3.*t*-2, 4-2, 9-3, 12-2], Thomas Nolan [2-1, 9-1, 14.*t*-1], Ryan McLaughlin [1-2, 3.*t*-1, 15.*h*-2], Dustin Jackson [9-4, 12-3, 15.*h*-3]. ***Ross*** *has his six, but* ***Brent*** *and* ***Galen*** *can qualify by completing both of the remaining races.* ***Brent*** *can still take it all with two firsts! The gravity challenged lady has yet to sing!*

30-34 Female: Savannah Steffen [1-3, 4-2, 13-3], Kristi Vernig [1-4, 4-1, 13-4, 15.*h*-2], Jaslin Rownan [1-5, 3.*f*-2, 7-2, 9-2], Ashley Knowlton [1-2, 7-1, 14.*t*-3], Day Robins [1-1, 8.*l*-1, 12-1], Courtney Carlson [3.*t*-2, 9-1, 13-1, 14.*t*-2, 15.*h*-1], Jazmen McGinnis [8.*l*-2, 12-2, 13-2, 14.*t*-1], Katharine Eilers [8.*s*-1, 11-1, 15.*f*-1]. *That's five for* ***Courtney****, who finished ahead of* ***Kristi*** *in the HRM half.* ***Kristi, Jaslin*** *and* ***Jazmen*** *will each need to finish a perfect two for two to earn their certificates this year.*

35-39 Male: Dillon Ayers [2-1, 3.*t*-1, 4-1, 8.*s*-1, 10-1, 12-1, 13-1, 14.*t*-1], Danny Emmenecker [3.*t*-4, 8.*l*-3, 9-1, 12-2], Alex Wright [3.*t*-3, 11-2, 13-2], Steve Luu [1-2, 4-2, 15.*f*-1]. ***Danny*** *has four and can earn his certificate with two more finishes.* ***Dillon*** *will win the division with eight firsts in eight tries this year.*

35-39 Female: Annie Fehrenbach* [1-2, 3.*t*-3, 6.*m*-2, 8.*l*-1], Jenna Larson* [1-3, 4-1, 6.*h*-2, 8.*s*-4, 10-4, 13-2, 14.*f*-1, 15m-1], Katrin Lemmon [1-4, 3.*t*-5, 7-5, 9-2, 10-2, 14.*t*-2, 15.*h*-2], Noël Loranger [1-6, 3.*f*-1, 4-2, 7-3, 9-1, 10-1, 12-1, 13-1, 14.*t*-1], Christina Torres [1-10, 3.*t*-6, 8.*s*-5, 9-5, 14.*t*-4], Meg Stampe [1-15, 2-3, 6.*h*-4, 9-6], Ashley Powell* [1-16, 3.*f*-3, 6.*t*-1, 7-9, 10-6, 15.*f*-2], Alejandra Gallegos* [3.*f*-2, 4-3, 7-7, 8.*s*-6, 11-3, 15.*h*-4], Emily Batini [3.*t*-1, 6.*h*-1, 7-2, 8.*s*-1, 15.*h*-1], Ella Price [1-7, 6.*h*-3, 8.*s*-3, 10-3], Sarah Collins [3.*t*-2, 7-1, 8.*s*-2], Cruz Marbain [2-1, 7-4, 9-3, 14.*t*-3], Jamie Hinckley* [4-4, 7-10, 14.*t*-6], Camille Sathrum [1-12, 7-8, 9-6, 10-5, 11-2, 14.*t*-5, 15.*h*-3], Becca Matias [9-4, 11-1, 12-2, 13-3, 14.*f*-2]. *This division has five qualifiers and eight more who may qualify. Two more races. You need six.* ***Jenna*** *recorded a first place in the women's division, 23:25 and* ***Becca*** *25:13 at Sue-Meg. What a division!*

40-44 Male: Matthew Kidwell* [1-2, 3.*t*-2, 4-1, 6.*m*-1, 8.*l*-1, 15.*h*-1], Zachary Chapman* [1-3, 2-2, 5-1, 10-1, 11-1, 12-2, 13-2, 14.*f*-1], Matt Wells* [1-5, 2-1, 3.t-3, 4-4, 5-2, 6.*h*-1, 8.s-1, 9-1, 10-2, 12-1, 13-1], Shar-Lo Kelly [1-8, 2-3, 4-5, 5-3, 9-2, 12-4, 14.*t*-1], Shawn Porter [2-4, 3.*f*-2, 10-3], Juan Reyes [3.*t*-5, 4-8, 6.*h*-2, 15.*f*-1], Roman Futoma [4-7, 8.s-2, 11-2]. *So,* ***Dustin*** *dropped out,* ***Matt W*** *is standing pat on eleven, as is* ***Zachary*** *on eight and* ***Shar-Lo*** *on seven.* ***Juan*** *is still in it, but needs two more to qualify, and* ***Matthew K*** *looks like royalty with five wins out of six, including a 1:24:42 in the HRM half.*

40-44 Female: Karen Kidwell* [1-1, 3.*t*-2, 6.*m*-1, 11-1, 15.*f*-1], Andrea Lovio [1-3, 4-1, 5-1, 7-2, 8.s-3, 10-1, 13-1, 14.*f*-1, 15.*f*-2], Jo Archibald [1-5, 2-1, 3.t-4, 4-3, 7-6, 10-2, 14.*f*-2], Aubrey Gates [1-6, 4-4, 7-4, 13-2, 14.*f*-3], Naomi Stamper* [1-9, 2-3, 3.*f*-4, 7-9, 10-8, 13-4], Leah Stamper* [1-10, 2-2, 3.*f*-3, 7-8, 14.*f*-4], Danielle Lefever [1-11, 3.*t*-6, 10-6], Crystal Porter [2-3, 3.*f*-5, 10-9], Tara Vu [3.*t*-3, 4-2, 7-3, 9-1], Brittany Gribbin [3.*f*-1, 7-1, 8.s-4, 10-4, 12-1, 14.*t*-4, 15.*f*-3], Lauren Pottker [1-8, 7-7, 9-2, 10-5, 14.*t*-5, 15.*f*-4], Shao-Lan Lew-Smith [4-5, 8.s-2, 14.*t*-2], Megan Atherton [5-2, 7-5, 10-3, 12-2, 13-3, 14.*t*-3, 15.*h*-1], Sarah Landis [3.*t*-1, 10-7, 14.*f*-5]. *Six qualifiers so far,* ***Andrea*** *with nine finishes.* ***KK, Aubrey*** *and* ***Leah****, you each need one more race, and,* ***Tara****, you need two. Is there even room for ten finalists on the stage? That was 22:48 for* ***KK*** *in the HRM five.*

45-49 Male: Sky McKinley* [1-1, 4-1, 8.*l*-1, 13-1, 14.*t*-1], Richard Roybal [2-2, 4-2, 8.s-1, 9-1, 10-1, 12-1, 13-2, 14.*f*-1], David Turner* [1-4, 2-2, 13-3, 14.*f*-2], Netra Khatri [5-1, 6.*h*-1, 15.*h*-1]. ***Richard*** *has completed the circuit with eight finishes, including a 22:22 at Sue-Meg.* ***Sky*** *has five and* ***David*** *four.* ***Netra****, you have three firsts, but will come up at least one finish short. I promise great running weather for you on January 1st, but bring a raincoat just in case, and maybe galoshes.*

45-49 Female: Mavelyn Socha [1-4, 3.*t*-5, 5-3, 15.*h*-3], Kit Meyer [1-6, 2-1, 4-4, 9-1, 10-4], Robin Fraser [1-10, 3.*f*-4, 10-5], Amy Taylor [3.*f*-1, 4-2, 10-1, 11-1, 12-4, 13-2], Jennifer Marlow [3.*t*-3, 6.*h*-1, 8.*l*-2, 15.*h*-1], Angie Pearson [4-3, 7-1, 8.s-3, 10-2, 12-215.*h*-6], Amy Livingston* [3.*f*-2, 7-2, 13-3, 14.*f*-2, 15.*f*-1], Sarah Sullens* [3.*f*-6, 7-3, 9-2, 10-6, 14.*f*-3], Casse Weaver [3.*t*-6, 8.s-2, 12-3, 14.*f*-1, 15.*h*-2], April Quincey* [3.*f*-5, 9-3, 10-3, 12-1, 13-1, 14.*t*-2, 15.*h*-5], Courtney Ladika [3.*t*-2, 8.*l*-3, 15.*m*-1], Amy Hamilton [4-1, 6.*h*-2, 15.*h*-4], Olivia Symanovich [3.*t*-4, 8.s-1, 15.*h*-7]. *Will someone please step forward and take a commanding lead in this division! You're making it really hard on the judges. Thank you. That said,* ***April*** *has seven finishes,* ***Amy T*** *and* ***Angie*** *six,* ***Kit, Amy L, Sarah*** *and* ***Casse*** *five and* ***Mavelyn*** *and* ***Jennifer*** *four. The other competitors will need to race a little more often next year. By the way, next year is a special year! More on that later.*

50-54 Male: Jake Johnson* [1-1, 2-2, 3.*f*-1, 4-2, 5-1, 10-1, 11-2, 13-2, 14.*f*-1, 15.*h*-1], Sung Choi [1-4, 2-3, 3.*f*-2, 8.s-1], Rob Amerman* [2-1, 3.*t*-2, 4-3, 6.*m*-2, 11-1, 12-1, 13-1, 14.*t*-2], Craig Wasko [3.*t*-1, 4-1, 6.*m*-1, 8.*l*-1, 9-1, 14.*t*-1, 15.*m*-1], Trevor Estlow [4-4, 5-1, 14.*t*-3]. *Three qualifiers so far,* ***Jake*** *with ten,* ***Rob*** *with eight,* ***Craig*** *with seven and* ***Sung****, don't miss either of the next two races or you may decide not to come to the annual awards meeting in January. You would miss out on the surprise. Oops, forget that I mentioned that. By the way,* ***Rob*** *holds a slight lead over* ***Jake****, but* ***Craig*** *can't seem to lose to either. By the way,* ***Jake*** *scored a 21:43 at Sue-Meg five and* ***Craig*** *was the first local finisher in 3:19:21 at HRM and recorded a 42:17 in the Sue-Meg ten with* ***Rob*** *right behind at 43:59.*

50-54 Female: Amy Duerfeldt [1-2, 3.*f*-2, 5-1, 7-2], Jen Foesig* [3.*f*-1, 4-1, 7-1, 8.s-1, 9-1, 11-1, 12-1, 14.*f*-1, 15.*f*-1], Kristin Lane [4-2, 8.s-2, 9-2, 10-1, 12-2, 13-1, 15.*h*-1], Katie Bisson [3.*t*-2, 8.s-3, 15.*m*-1]. ***Kristin*** *has seven,* ***Amy*** *four and needs two more, but Jen is not the worst with nine in first.* ***Jen*** *was second woman overall in 23:59 at Sue-Meg.* ***Katie*** *was one of our local marathoners last week but will need to race a little more next year for a coveted anniversary certificate.*

55-59 Male: Shawn Magnuson [1-1, 3.*t*-1, 9-1, 10-1, 12-1, 14.*t*-1, 15.*h*-1], Donny Holiman [1-2, 2-2, 4-1, 12-2, 14.*f*-1]. ***Donny*** *added a first in the Sue-Meg five and needs one more to qualify.* ***Shawn*** *now has seven triumphs, including two hours and a sneeze at the HRM half and is staring gold in the face!*

55-59 Female: Catrina Howatt* [2-1, 3.*f*-3, 4-3, 6.*t*-1, 8.s-3, 10-3, 12-1], Laura Coppini [3.*f*-1, 5-1, 10-2, 15.*f*-1], Nicolette Amann [1-1, 8.s-1, 10-1], Liisa Luick [10-3, 13-1, 14.*t*-2, 15.*h*-2], Shauna Davidsen [1-5, 13-2, 14.*f*-1, 15.*f*-2], Marie Cappiello [4-1, 8.s-2, 15.*h*-1]. ***Catrina*** *is holding pat with seven.* ***Laura, Liisa*** *and* ***Shauna*** *each need to finish two for two to take the stage.*

60-64 Male: David Macauley* [1-1, 2-2, 5-1, 6.*m*-1, 12-1, 13-1], Arthur Barker [1-3, 2-3, 3.*t*-1, 4-1, 5-2, 9-1, 11-2, 12-3, 13-3, 14.*t*-1], Pete Carlson* [2-4, 4-2, 9-2, 12-4, 13-4, 14.*t*-3], Ed Kallen [1-4, 8.s-1, 10-2, 15.*h*-1], Richard Engel [2-5, 10-1, 13-2], Mel Sample [1-5, 6.*t*-1, 7-1, 13-5, 15.*f*-1]. ***Arthur*** *has ten races in ten months.* ***Pete*** *and* ***David*** *both have six.* ***Mel*** *needs one more and* ***Ed*** *needs two more.* ***David*** *has proven hard to beat.* ***Arthur****, you can probably volunteer and still race.*

60-64 Female: Caroline Carson* [1-1, 2-2, 3.*t*-2, 5-2, 6.*m*-1, 7-1, 8.s-1, 10-1, 11-2, 13-2, 15.*h*-1], Tj Chapman* [1-2, 2-3, 14.*f*-1, 15.*f*-1], Sherrie Sample [1-3, 5-4, 6.*h*-1, 7-3, 13-3, 15.*f*-2], Andrea Wright* [2-1, 3.*t*-1, 5-1, 9-1, 10-1, 11-1, 13-1, 14.*t*-1], Simona Carini* [3.*t*-3, 4-1, 7-2, 12-2, 14.*t*-2], Terri Vroman Little [6.*t*-1, 8.*l*-1, 12-1]. ***Sherrie****, don't forget to volunteer!* ***Caroline*** *has eleven finishes,* ***Andrea*** *eight,* ***Sherrie*** *six,* ***Simona****, you need one more and* ***Tj****, you are still in it with four and two more chances.* ***Terri****, if my math serves me, you will not be able to finish the year with six races. Don't feel bad, I only managed two this year, but am determined to do better next year, our fiftieth.* ***Andrea*** *was just steps ahead of* ***Lanore*** *in 45:29 at the Sue-Meg ten.*

65-69 Male: Jeff Haag* [1-1, 4-2, 5-1, 8.s-1, 10-1, 11-1, 12-1, 13-1, 14.*t*-1], Mark Chapman* [1-2, 2-1, 10-2, 13-2, 14.*f*-1, 15.*h*-1], John Carson [1-3, 4-4, 10-6, 13-5], Michael Chapman* [1-5, 3.*f*-3], Mishka Straka [2-2, 4-1], Dave Ryan* [3.*f*-1, 4-3, 5-2, 8.s-2, 10-5, 14.*t*-2, 15.*h*-2], John Aryanpur [3.*f*-2, 6.*t*-1, 10-3, 15.*f*-2], Tim Canning* [5-3, 6.*t*-2, 10-7, 12-2, 13-6, 15.*f*-3], Dean Matheson* [1-6, 6.*t*-3, 10-9], Robert Ayers [1-4, 8.s-4, 13-4, 14.*f*-3], Paul Kraus* [8.s-3, 10-4, 13-3, 14.*f*-2, 15.*f*-1], Thomas Dewey [8.s-5, 10-8, 14.*f*-4]. ***Jeff*** *has nine,* ***Dave*** *seven,* ***Mark*** *and* ***Tim*** *six,* ***Paul*** *you need one more! And if your name happens to be John or Robert, you need to go two for two and volunteer for cleanup, setup or something! Yoon, I think* ***Jeff*** *would appear to have a lock. What say you?*

65-69 Female: Lanore Bergenske* [1-1, 2-1, 3.*t*-1, 5-1, 6.*m*-1, 7-1, 8.*l*-1, 11-1, 12-1, 13-1, 14.*t*-1, 15.*m*-1], Michaele Whiteley [1-2, 3.*f*-1, 7-2, 10-1, 11-2, 15.*f*-2], Karen Adams [3.*t*-3, 4-1, 5-2, 6.*h*-1, 9-1, 10-2, 13-3, 15.*h*-1], Berit Meyer* [3.*f*-2, 6.*t*-1, 13-4, 14.*f*-2, 15.*f*-4], Marcile Raney [1-3, 6.*t*-2, 7-4, 8.s-3, 10-4, 11-3, 14.*f*-1, 15.*f*-3], Sara Starr [4-2, 7-5, 8.s-4, 10-3], Marlene Allen* [2-2, 3.*t*-2, 7-5, 8.s-1, 12-2, 13-2, 14.*t*-2, 15.*f*-1]. *With twelve races and as many wins, including a 3:45:05 in the HRM half,* ***Lanore*** *may be the sweepstakes winner.* ***Karen, Marcile*** *and* ***Marlene*** *are looking good with eight and* ***Michaele*** *has six.* ***Berit****, you can use one more race.* ***Sara****, you will need to go two for two! If your name wasn't called, just try to get in a few more races next year. Did I mention that next year is*

special?

70-74 Male: Paul Kinsey* [1-1, 2-1, 3.*t*-1, 5-1, 6.*h*-1, 8.*l*-1], Brian Ferguson* [1-2, 2-3, 3.*t*-2, 5-2, 6.*h*-2, 8.s-1, 10-1, 12-1, 13-1, 14.*t*-1, 15.m-1], Bob Beede [1-3, 10-2, 13-2], Mark Ellis* [2-4, 9-1, 15.*f*-1], Alan Grau [2-2], Harry Kavich* [2-5]. ***Brian*** *wore out three pair of shoes this year. He has eleven. With six races and a lock,* ***Paul*** *is standing pat.*

70-74 Female: Debbie Stamper* [1-1, 2-1, 3.*f*-1, 4-1, 5-1, 7-1, 14.*f*-1], Sherry Myers* [2-2, 3.*f*-2, 4-2, 6.*t*-1, 7-2, 11-1, 12-1, 13-1, 14.*f*-2, 15.*f*-1]. *Sherry has ten finishes so far this year. Sherry, I think the club probably owes you a new pair of shoes. You may not catch Debbie this year. Seven finishes, all firsts.*

75-79 Male: Cyril Carl* [1-1, 3.*f*-2, 10-1, 11-1, 12-1, 13-2, 15.*f*-1], Tom Martin* [1-2, 2-1], Joe Carroll [1-3], Alan Lowry* [2-2, 10-3], Randy Emenaker* [3.*f*-1, 4-1, 5-1, 6.*t*-1, 9-1, 10-2, 11-2, 12-2, 13-1, 14.*t*-1, 15.*f*-2]. *Evidently there is a movie circulating regarding a photo finish at the HRM five. Two more races, fella's. Don't kill yourselves!*

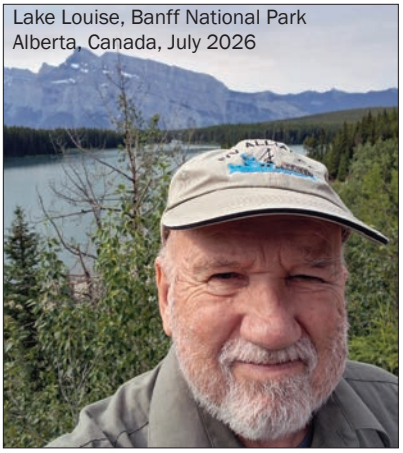
75-79 Female: Donna Ayres [1-1], Lorraine Dillon* [1-2, 2-1, 3.*f*-1, 4-1, 5-1, 10-1, 12-1, 13-1, 14.*f*-1], Portia Matheson* [1-3, 2-2, 4-2, 5-2, 6.*h*-1, 7-1, 10-2, 12-2, 15.*h*-1]. *Nine races apiece with* ***Lorraine*** *in the lead.* ***Portia****, you may not have to add that extra wing for more wall space, at least not this year!*

80-84 Male: Gerald Crnich [3.*f*-1, 10-1, 15.*f*-1]. ***Gerald, Gerald, Gerald****, what can I say. You're going to come up just a little short this year.*

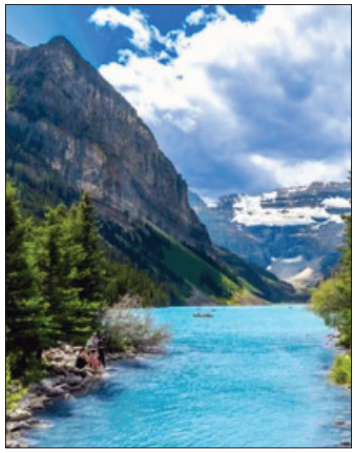
85-89 Male: Jib Ray* [1-1. 2-1, 5-1, 6.*h*-1, 8.s-1, 11-1, 13-1, 14.*t*-1, 15.*h*-1], Jurgen Giessel [2-2, 5-2], Jerry Fowler [3.*f*-1, 12-1]. ***Jib****, nine first place finishes and still going strong! You make 86 look like 68.*

● For any questions, corrections or suggestions, contact Yoon G Kim at <ygk1@humboldt.edu>.

SRRC Crossword Puzzle



Lake Louise, Banff National Park
Alberta, Canada, July 2026

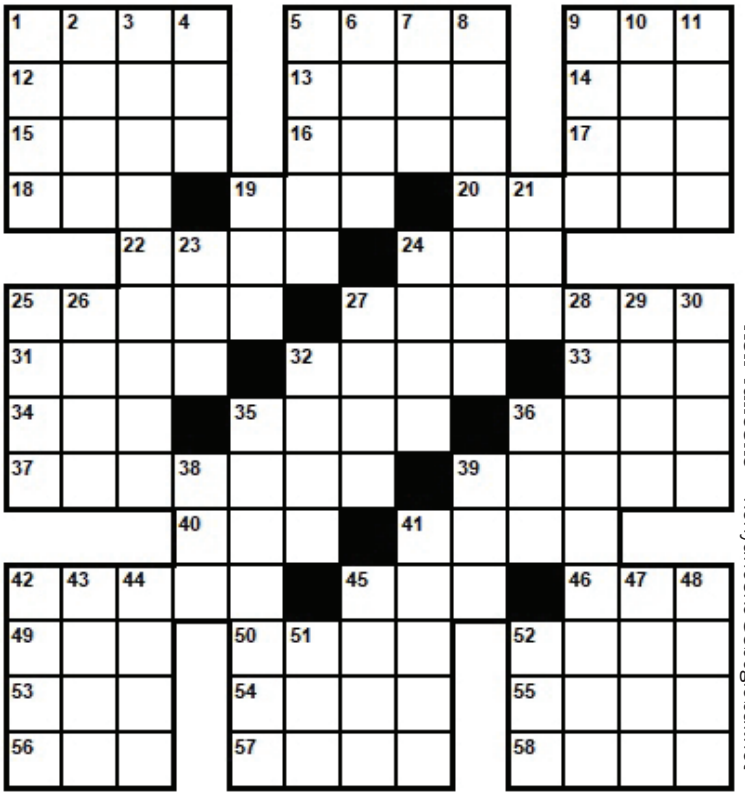


ACROSS

1 Church recess
5 By word of mouth
9 Commercials
12 Knocks
13 Leading man, often
14 Weep
15 Mechanical fastener
16 Musical voice
17 Darker shade of 36 across
18 That woman
19 Use a crowbar
20 What may follow "cut"
22 Medicinal herb
24 Piece of advice
25 The sound of a liquid hitting a solid
27 Tooth doctor
31 Cleared a debt
32 Ladder step
33 Shooters' org.
34 Ornamental vase
35 Prepared to drive
36 Lighter shade of 17 across
37 Sticks back together
39 Throw out of a rental
40 Noah's boat
41 Gardener, at times
42 Rule
45 Charged particle
46 Photo imaging dev.
49 Boatman's paddle
50 Being a part of a plan
52 Butter substitute
53 1776 org.
54 Short letter
55 Pants supporter
56 Common number base
57 Neutral shade
58 Small piece of dry land

DOWN

1 Architectural fragment
2 Wan
3 It's going around
4 Mind reading, e.g.
5 Chicago airport
6 Depend
7 Painting or sculpture
8 It's going around
9 Play divisions
10 Mild expletive
11 "Auld lang __"
19 Cooking vessel
21 Appropriate
23 Young man
24 Keep an eye on
25 Prod
26 Peel
27 Membership fees
28 It's going around
29 The Club
30 Tight
32 Stink
35 It's going around
36 The night before
38 Fall behind
39 Long time
41 Bee product
42 Beat handily
43 Comfort
44 Modern Persia
45 Greek vowel
47 Biological unit
48 Pamper
51 Neither's companion
52 Japanese sash



"**Ken Yanosko**" <kenyanosko@sbcglobal.net>

Upcoming Events

SUN., NOV 1, 2026 << **SRRC race** >>

Blue Lake Fish Hatchery Run/Walk. {$10 for nonmembers, free for SRRC members} 2M at 9:30AM and 4M at 10AM. Registration at 8:00~9:15AM. Start and finish at the Mad River Fish Hatchery. For more information, contact **Annie Fehrenbach** at <anniefehrenbach@gmail.com>.

SAT., NOV 14, 2026 << **not SRRC race** >>

(6th) Veteran's Day 5K/10K. {FREE for Veterans & Active Duty; $20 for adults, $5 for kids; fees increase after 10/19/26} **5K & 10K** at 10:00 AM. Start and finish McKay Tract road (McKay Community Forest, Harris Street entrance, 3100 Harris St., Eureka). Visit https://6rrc.com for online registration. For more information, contact **Ella Price** at <ella.price@va.gov>.

THUR., NOV 26, 2026 << **not SRRC race** >>

Turkey Trot 5K. {$25 for adults & $20 for kids (Pre Race); $30 for all (Race Day} **5K** at 9:00 AM. Start and finish Eureka Old Town, between 2nd and F Street in Eureka. For more information, contact **Davita McGoldrick** at <dmcgoldrick@nohum.k12.ca.us> or **Reed Elmore** at (707)476-4597 or e-mail at <Reed-Elmore@redwoods.edu>.

SAT., DEC 5, 2026 << **SRRC race** >>

Arcata Bottoms 3M/8M. {$10 for nonmembers, free for SRRC members} 8M at 9:00AM and 3M at 19:15AM. For more information, contact **Harry Kavich** at <hkavich@yahoo.com>.

Sunday Morning Run.

Everyone is welcome. Small group meets at 7:30AM at the corner of L.K. Wood Blvd. and Granite Ave. in Arcata. Runs to the Arcata Marsh and back by 9:20AM or so. Ask **Gary Timek** <gtimek@aol.com> for more information.

Saturday Morning Run.

Everyone is welcome. Small group meets across the 700 block of the Fickle Hill Road, next to the Arcata Community Forest at 9:00AM and runs through Arcata Community Forest. Ask **Jake Johnson** <jakejohnson99@gmail.com> for more information.

Wednesday Evening Run.

Every Wednesday at 5:30PM a group of runners meet up at a local restaurant and go out for a run. There is a wide range of runners, paces and distances. It's all about community! After the run they hang out and share a meal/and or beverage of your choice. Find them on Facebook under Humboldt County Beer runners or email **Rob Amerman <**robamerman@gmail.com> for more information. All are welcome. See you there!

Another Wednesday Evening Run.

Join **Love It Run Club** every Wednesday at 6:00PM at the gazebo in Old Town, Eureka. We do a fun, supportive community run where all paces are welcome. Come for the vibes, stay for the accountability. Email **Eric Coppa** at <eric@coppacetictraining.com> for details.

- For more info, visit https://www.6rrc.com

Six Rivers Running Club
P.O. Box 214
Arcata, CA 95518-0214

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Help Wanted!

Opportunities in November

- Blue Lake Fish Hatchery 2M & 4M (9:30 & 10:00 am, Sun., 11/01/26): Annie Fehrenbach, Race Director, is looking for volunteers to help out at this SRRC event. Please contact her at: <anniefehrenbach@gmail.com>.
- 6th Annual Veteran's Day 5K & 10K (10:00 am, Sat., 11/14/26): Ella Price, Race Director, is looking for volunteers to help out at this Veteran's Day event. Bib Pickup and Registration: Friday, November 13th, 5-7 PM at Humboldt Cider. Race Day Support: Saturday, November 14th, 8-10AM including Parking and Registration Assistance at the McKay Tract. Please contact her at: <ella.price@va.gov>.

-- Harry Kavich <hkavich@yahoo.com>



Join the fun! Sign up to start your journey with SRRC!

Looking for motivation, camaraderie, set a new PR, challenge all-time age group records, and a healthier lifestyle? Look no further! SRRC is the perfect place for beginners and seasoned runners alike to reach their goals, make friends, and have a blast doing it.



To join:
[1] Visit https://6rrc.com/ and click "Join" OR
[2] Visit https://runsignup.com/MemberOrg/SixRiversRunningClub/Info
$30 for "individual"
$50 for "family"